

# DIRECTIONS

Published by the Macomb County Inter-Agency Council

January 2012

## JANUARY MEETING INFORMATION

MACOMB COUNTY WARMING CENTER  
AND RAY OF HOPE DAY CENTER  
Overview of services provided for homeless individuals

Presenter: Kathy McKinley-Goodrich, Executive Director

Wednesday, January 11, 2012  
11:30 A.M. - 1:00 P.M.

Macomb Intermediate School District  
44001 Garfield, Room 205  
Clinton Twp, MI 48038

Lunch will be provided by IAC.  
R.S.V.P. by 5:00 P.M. on Monday, January 9, 2012  
to Barb Caskey [bcaskey@macomb-stclairworks.org](mailto:bcaskey@macomb-stclairworks.org) or  
Dan Pfaff [pfaffd@michigan.gov](mailto:pfaffd@michigan.gov)



### PROGRAM IDEAS?

Do you know of a program or service that could be the feature presentation at one of our monthly meetings?

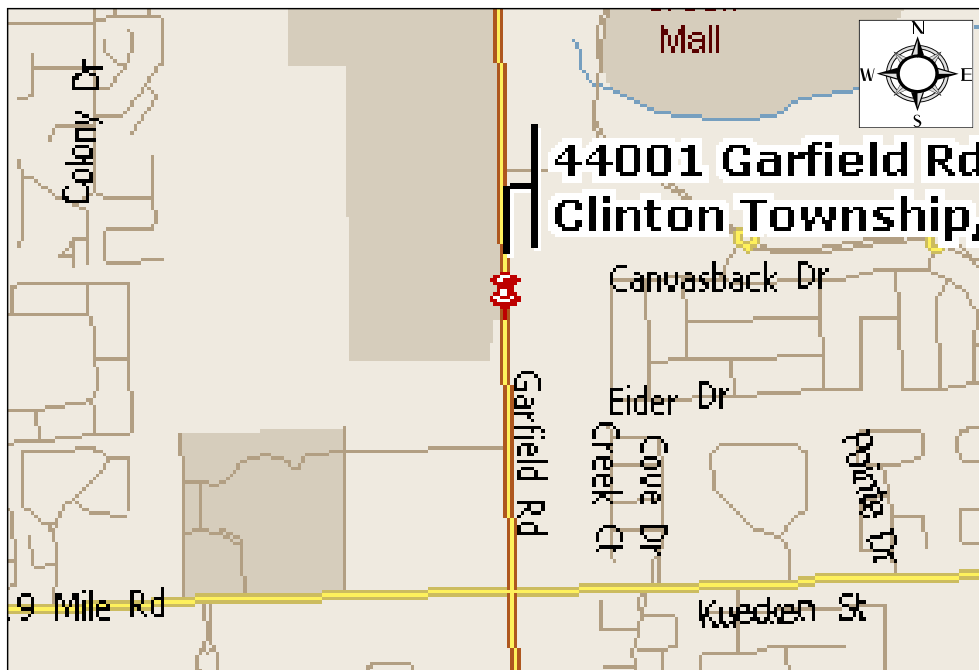
To offer your suggestions, contact Nancy Donahue, Macomb Family Services, (586) 752-9696 or [ndonahue@mfsonline.org](mailto:ndonahue@mfsonline.org).

### NEWSLETTER ARTICLES

Articles for the IAC Directions Newsletter may be submitted (preferably by e-mail) to the Editor:

Madeline Habib  
MCCMH  
22550 Hall Road  
Clinton Twp., MI 48036  
(586) 466-7903  
FAX: (586) 469-7958  
E-mail:  
[madeline.habib@mccmh.net](mailto:madeline.habib@mccmh.net)

*Directions* is posted online at:  
[www.misd.net/careerprep/directionsnewsletter.htm](http://www.misd.net/careerprep/directionsnewsletter.htm)



## COMMUNITY CLASSES

### SKILLS FOR MANAGING ANGER AND OTHER EMOTIONS

Six week education series for teens experiencing difficulties because of their inability to manage their anger.

#### Ages 15 - 18 years old

Thursdays, Jan 5-Feb 9, 2012

6:00 - 7:30 P.M.

American Lutheran Church, 38795 Mulberry, Clinton Twp, MI

#### Ages 9 - 14 years old

Thursdays, Feb 23-March 29, 2012

6:00 - 7:30 P.M.

CARE, 31900 Utica Rd., Fraser, MI

Cost: A program fee of \$120 will be charged for students and their parent/caregiver.

### PROJECT FOCUS

**FREE** support program for parents, caring adults, and youth ages 6-15 who have a family member in recovery or who are concerned about a family member's use of alcohol or other drugs. Dinner is provided nightly. **Free** childcare is available for children ages 3 - 5.

Mondays: January 9, February 13, March 12, April 16, 2012

6:00 - 8:00 P.M.

First Presbyterian Church, 168 Cass Ave., Mt. Clemens, MI

### TEEN INTERVENE

One day session for teens who have experienced mild to moderate substance use.

Saturday, February 25, 2012

9:00 - 4:00 P.M.

CARE, 31900 Utica Rd., Fraser, MI

Cost: Program fee of \$50 per family (lunch included).

### BEYOND TRAUMA: A HEALING JOURNEY FOR WOMEN

This 11 week series is designed for women who are survivors of violence or abuse. This workshop offers coping skills for those who are struggling in their relationships or with substance misuse.

Mondays, January 9 - March 26, 2012

No class: January 16

6:00 - 7:30 P.M.

CARE, 31900 Utica Rd., Fraser, MI

Cost: \$30 one-time registration fee.

### TEACHING AND LEADING CHILDREN (TLC)

A workshop for paraprofessionals, teachers, and child care providers working with young children, birth to 6 years old.

Mondays, January 23 - March 5, 2012

6:30 - 8:30 P.M.

Morningstar Early Learning Center, 160 N.

Groesbeck, Mt. Clemens, MI

Cost: This program is **free** and the book, Teaching and Leading Children, will also be provided.

To register for any of the above classes, contact CARE at (586) 541-0033 or visit their website:

[www.careofmacomb.com](http://www.careofmacomb.com)

## SAVE THE DATE - 2012 HSCB TRAVELING TOURS

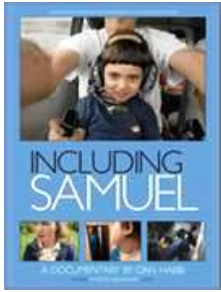


The 2012 HSCB Traveling Tours are scheduled for Tuesday and Wednesday, May 1 & 2, 2012. The theme is *TMI: Terrific Macomb Information!* Tour sites (to be confirmed) include: MATTS, MISD Special Education, Early

Head Start, Cultural Diversity, TLC Gardens, American Red Cross, Macomb County Jail, Solid Ground, Martha T. Berry Medical Care Facility, DHS, Medical Examiner's Office, Marine Division.

Registration details will be posted on the HSCB website: [macombhscb.community.officelive.com](http://macombhscb.community.officelive.com).

## CREATING A CULTURE OF BELONGING



You are invited to a meeting with documentary filmmaker Dan Habib on Monday, March 26, 2011 at the MISD, 44001 Garfield, Clinton Township, MI 48038 from 9:00 A.M. - 3:30 P.M. as he shares his experiences as a parent and filmmaker about his family's hopes for their son Samuel and the experiences of four other families.

## SAVE THE DATE!

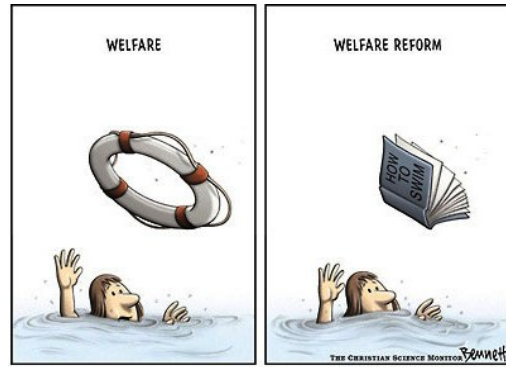
Mark your calendar for Wednesday, May 16, 2012 to join thousands of parents, teachers, advocates and community members devoted to supporting young children in Michigan. We will gather at the state Capitol to meet with lawmakers, encourage support of early childhood investment, celebrate early childhood initiatives, enjoy fun family activities and much more.



The purpose of the event is to share with legislators the tremendous benefits that early childhood investments bring to our community and our state. Be a voice for children! Stand together to ensure that every young child in Michigan arrives at the kindergarten door, safe, healthy and ready for school success. Star Power is the largest child advocacy event in the state.

Want to motivate your friends, neighbors, business leaders, clergy and law enforcement to join you for Star Power? Send them the link to this powerful new video: [http://www.youtube.com/watch?feature=player\\_embedded&v=DiMc9FBHtwQ](http://www.youtube.com/watch?feature=player_embedded&v=DiMc9FBHtwQ)

## THE WELFARE SONG



Now what you gonna do,  
when the welfare turn its back on you?  
Now what you gonna do-hoo-hoo-hoo,  
when the welfare turn its back on you  
Now, you be standin' there stranded,  
There's ain't a thing that you can do

Now you look all through your house,  
yes, you can't, find a piece of bread  
Now you look all through your house, yeah,  
you can't find a piece of bread  
Sometime you begin to wonder,  
if you be better off, better off, dead

You go down to the welfare  
Every week to report  
Something they tellin' you  
Will surely get your goat

If you tell 'em you sick  
You better have a bad cough  
'Cause if you don't  
They be ready to throw you off  
If you tell 'em you sick  
You better have a bad cough  
'Cause if you don't  
They be ready to throw you off

What you gonna do,  
when the welfare turns its back on you?  
You be standin' there stranded,  
There ain't a thing, there ain't a thing you  
There ain't a thing-hing-hing-hing-hing,  
that you can do

Here's the YouTube link to hear the song sung by Albert Collins:

<http://www.youtube.com/watch?v=KdfFu71VDFY>

## FACEBOOK HELPS WITH SUICIDE PREVENTION

Facebook launched an initiative in December that gives users who have expressed suicidal thoughts the option to connect directly with a crisis counselor via Facebook chat.

Facebook doesn't troll the site in search of those who might be suicidal; with 800 million users who generate billions of posts, Facebook's algorithm could easily misinterpret comments. Instead, the new initiative is dependent on people speaking up when they feel a friend might be in danger.



If a person spots a troubling post, they must click the settings button next to the comment and select "report." Facebook will then email the individual

with the number to the National Suicide Prevention Lifeline or a link to start chatting confidentially with a counselor.

If someone searches "suicide" on Google or Yahoo, they will be provided with the number for the Lifeline. In the past, Facebook would direct users who it felt were expressing suicidal thoughts to the same channel via email.

Now Facebook is stepping up its efforts by putting its users directly in touch with help.

The science shows that people experience reductions in suicidal thinking when there is quick intervention. Many people say they want to talk to someone but don't want to call. Instant message is perfect for that.

If you or someone you know has had suicidal thoughts, the National Suicide Prevention Lifeline is accessible via [suicidepreventionlifeline.org](http://suicidepreventionlifeline.org) or 1-800-273-TALK

## PROSPERITY COALITION FUNDED

The W.K. Kellogg Foundation has awarded a \$1 million, three-year grant to the Michigan League for Human Services to create a "Prosperity Coalition." The Coalition will bring new voices to the table around the topic of vulnerable children and their families and racial equity. The grant will also be used to support its ongoing budget and tax research and analysis work.

This is the largest grant awarded to the Lansing-based League in its existence. The grant will create an ongoing infrastructure to coordinate policy and messaging in support of vulnerable families, children and people of color in Michigan. Along with creating a voice in the legislative process, the coalition will promote greater civic engagement across the state around the issues of vulnerable children and families and race equity.

Using research and analysis from the League's State Fiscal Analysis Initiative and other work, the Coalition will act to positively impact state budget, tax and policy decisions.

The Michigan League for Human Services is a statewide, nonpartisan policy and advocacy group dedicated to achieving economic security for all in Michigan. It will celebrate 100 years of operation in 2012.



The W.K. Kellogg Foundation, founded in 1930 by breakfast cereal pioneer Will Keith Kellogg, is among the largest philanthropic foundations in the United States. Based in Battle Creek, Mich., WKKF engages with communities, in priority places across the country and internationally, to create conditions that propel vulnerable children to realize their full potential in school, work and life.

For more information, contact the Michigan League for Human Services, (517) 487-5436.

## YOUTH COUNCIL



The next meeting of the Youth Council will be Wednesday, January 18, 2012 starting at 9:00 A.M. The location to be announced.

For more information about the Youth Council, contact Mary Potts, Chair, (586) 469-6315 or e-mail: [Mary.Potts@macombcountymi.gov](mailto:Mary.Potts@macombcountymi.gov).

## “BATH SALTS” NOW A SCHEDULE 1 CONTROLLED SUBSTANCE

Public Act 88 of 2011 amended the Public Health Code, MCL 333.7212, to include the following synthetic chemicals, used in manufacture of bath salts, to the list of Schedule 1 controlled substances:

Methylenedioxypropylvalerone, also known as Bath Salts, Cloud Nine, Hurricane Charlie, Ivory Wave, MDPV, Ocean, Red Dove, Scarface, Sonic, White Dove, and White Lightning

5,6-Methylenedioxy-2-aminoindane, also known as MDAI and Woof-Woof

Naphyrone (Naphthylpropylvalerone), also known as NRG-1 and Rave

Propylvalerone (1-(4-Methylphenyl)-2-(1-pyrrolidinyl)-1-pentanone)

Penalties for unlawful conduct involving the above drugs are as follows:

**MCL 333.7401(2)(b)(ii)** – manufacture, delivery, or possess with intent to deliver is a 7-year felony

**MCL 333.7403(2)(b)(ii)** – possession is a 2-year felony

**MCL 333.7404(2)(b)** – use is a 1-year misdemeanor

Like most designer drugs, bath salts are prohibited based on the chemical used in the manufacturing process. Laboratory analysis is required to determine the presence of a prohibited chemical within the substance. Only those bath salts containing scheduled chemicals are illegal in Michigan. For example, a package may identify a product with the trade name “Cloud Nine;” however, a laboratory analysis is required to determine whether the product actually contains the Schedule 1 controlled substance methylenedioxypropylvalerone.

PUBLISHED BY THE MACOMB COUNTY  
INTER-AGENCY COUNCIL

### 2011/2011 CHAIR

*Julie Kavanagh*  
Macomb County Community Services Agency  
21885 Dunham  
Clinton Township, MI 48036  
(586) 469-5913  
E-mail: [Julie.Kavanagh@macombcountymi.gov](mailto:Julie.Kavanagh@macombcountymi.gov)

### CO-VICE-CHAIRS

*Barbara Caskey*  
MPRI Macomb  
18A Market Street  
Mt. Clemens, MI 48043  
(586) 469-7044  
E-mail: [bcaskey@macomb-stclairworks.org](mailto:bcaskey@macomb-stclairworks.org)

*Dan Pfaff*  
Department of Human Services  
27690 Van Dyke  
Warren, MI 48093  
(586) 427-0633  
E-mail: [pfaffd@michigan.gov](mailto:pfaffd@michigan.gov)

### SECRETARY

*Rebecca Maffetone*  
Clinton Counseling Center  
2 Crocker Blvd., Suite 101  
Mt. Clemens, MI 48043  
(586) 468-2266  
E-mail: [cccmaffetone@yahoo.com](mailto:cccmaffetone@yahoo.com)

### TREASURER

*Jolyne Baarck*  
Family Youth Interventions  
418 Cass Avenue  
Mt. Clemens, MI 48043  
(586) 465-1212  
E-mail: [jbaarck@familyyouth.com](mailto:jbaarck@familyyouth.com)

### NEWSLETTER EDITOR

*Madeline Habib*  
Macomb County Community Mental Health  
22550 Hall Road  
Clinton Township, MI 48036  
(586) 466-7903  
FAX: (586) 469-7958  
E-mail: [madeline.habib@mccmh.net](mailto:madeline.habib@mccmh.net)