



FRASER HIGH SCHOOL: Focused on every student's success!



Fraser HOSA members create thank you cards for health care workers in the community.

Fraser HOSA : Preparing students for their future in health care

By Sabrina Jennings
and Marti VanEenaam-Iwanicki

Matt Secrest has a dream of becoming a radiologist or a biomedical engineer. In addition to selecting Medical & Health Science Careers and Foundations of Patient Care classes at Fraser High School, the senior became a member of Health Occupations Students of America, a student-led organization specifically geared for students interested in careers in the health care field. Throughout the year, Fraser HOSA students are seen actively engaging in community service events, leadership and competition. The group of about 30 members celebrated National HOSA Week November 1-6, 2010. To show appreciation to the health care workers in the community, the group created thank you cards and wrote personal thank you notes to their own physicians and dentists. To promote careers in health care, members wore scrubs while Medical & Health Science students held a Health Career Fair in which they shared their own displays on careers they had researched. On "Professional Dress Day," students donned business attire such as blazers and ties.

One last element to HOSA Week is community service also. HOSA members fulfilled this aspect by holding a Rake and Run. This is a service project in which members go through local neighborhoods raking leaves. They ask for nothing, but leave a simple flyer telling the resident about HOSA and the purpose of the Rake and Run project. "I really like doing stuff for the community while I spend time with my friends," stated senior Kelsey Score.

Throughout the year, HOSA coordinates and runs two blood drives in the FHS Media Center where both student and staff can opt to donate blood. Past drives have been very successful, collecting an average of 75 pints per drive.

Another aspect to HOSA is competition. Students can put the knowledge and skills they learn in their health science classes to the test in a variety of competitive events. The Fraser chapter will be hosting the regional leadership conference/competition on February 5. Fraser HOSA has been successful in the past, sending students to the state and national competitions annually.

The leadership aspect of HOSA includes allowing students to develop and practice "people skills." "Being in HOSA has definitely helped me to be more open and outgoing," shared Secrest, a senior. Danielle Reske, also a senior, agreed. "I'm not as shy as I was before joining HOSA."

With two Outstanding HOSA Chapter awards under their belts (2009 and 2010), Fraser HOSA continues to serve the community, foster leadership skills and hone knowledge and clinical skills for its future health care workers.

Fraser high school students construct outdoor sheds

By Steve Doud

A dedicated group of students, enrolled in Fraser High School's woodworking classes, received hands-on carpentry experience while supporting a good cause.

The students, aged 14 to 18, worked to build four 8' x 8' sheds, which were displayed on floats during this year's circus-themed homecoming parade.

The walls, platforms, and much of the material was purchased from Habitat for Humanity by each FHS class.

The group of students who volunteered to help complete these sheds began by attaching the four walls of each shed to a platform. Then the students built and secured each of the roofs.

Next to build were the doors, which required careful measuring of each door frame.

Last, but definitely not least, was the trim to finish them off.

Thanks to the hard work from Matt Hardy, Jesse Hartless, Huber Ochoa, Matt Media, Andrew MacLeod, Ricky Walker, Jordan Tubben, John Podeszwa, Jordan



Bradley, Mike Gray, Jeff Thomas, Matt Pfeffer, Darius Johnson, Mark Aiello, Tom Agents, Brandon Betts, Eduardo Ochoa, and Natasha Rashwan, the school will be able to auction the sheds off and donate the proceeds to the Ronald McDonald Houses of Michigan.

The auction for these sheds began during the Homecoming football game, and continued until October 16th. At the close of the auction, \$1750 was donated to the RMHM Charity.

This year's goal for the floats was to create something that wasn't eventually bound for a dumpster. All those involved with making these sheds a reality at FHS can be proud to have met this goal.

The school's growing woodworking program provides students with the tools and direction needed to build furniture and cabinetry. It also provides a strong foundation for those students interested in pursuing a career in the

industry after high school.

Each year, the Michigan Industrial and Technology Education Society hosts a statewide competition allowing school districts' industrial technology students an opportunity to demonstrate their skills.

Fraser High's students have proven themselves in the past in not only woodworking, but welding, electronics, and drafting, representing Fraser High School well.

Fraser students prepare for a healthy financial future

By Abigail Sandusky

The Business and Personal Finance class at Fraser High School, for seniors only, is meeting a critical need for these young adults.

While many of these students are gearing up for college and living on their own after graduation, many of them are also starting their first jobs, opening checking accounts and applying for credit cards. Unfortunately, for many in this age group, these types of choices are often completed without understanding how every financial decision made now can affect their long-term financial standing.

For those seniors fortunate enough to be enrolled in Business and Personal Finance, these decisions are not quite as daunting, as they gain skills in the classroom that provide the crucial missing knowledge necessary to make good financial decisions in their everyday lives.

An essential objective for the Business and Personal Finance classes is recognizing the importance of learning financial responsibility at a young age. Students study the principles of finance and the consequences of financial decisions. The class addresses the



need to set realistic financial goals, how to budget, how to save and how to spend while taking into account potential risks and unforeseen life events.

The class also stresses the necessity of proper financial planning for long-term financial success through topics such as checking and savings accounts, credit, consumer loans, investments, insurance and retirement planning.

The class incorporates two large projects that help illustrate the important concepts by making them realistic and applicable.

The first is a checking project in which the students par-

ticipate in an eight-month simulation that starts with the opening of a checking account.

The project requires students to properly write checks and record all types of transactions in a check register.

Each month is concluded with a bank reconciliation to make sure that all checkbooks are correct and balance.

The students have a ball with the second activity, a monthly budget. After researching their top career interest, each student must create a monthly budget based on the projected income of their research career. To make the project a bit more challenging, students randomly draw to

decide if they will have a spouse and/or children. Budgeting within their means, in-depth research follows as the students search to find a suitable place to live and cars to drive.

In addition, insurance, utilities, grocery needs, gas and entertainment, among other expenses must also be researched and included in this budget. As a twist, the instructor throws an "unforeseen" life event at them such as a layoff, a large medical bill or a raise. The students must then adjust their budgets accordingly.

The results from this project generate a great deal of discussion and eye-opening moments as the real cost of day-to-day living as well as the importance of careful financial planning is suddenly very evident.

This year, the Business and Personal Finance class hopes to secure a grant to purchase an ongoing virtual simulation to use in the classroom to further illustrate the fundamental financial concepts necessary for a healthy financial future.

One course plan is certain, though: to continue preparing these groups of seniors for a financially successful life beyond high school.

MAKING THE
Connection

Macomb Community College
Education • Enrichment • Economic Development
Ed Stanton 586/445-7640
email stantone@macomb.edu

MISD
Macomb Intermediate School District
Karen Johnston 586/228-3469
email kjohnston@misd.net

For more information about CTE at the high school level contact the Macomb Intermediate School District. Contact Macomb Community College for college level programs. See contact information above.

MCTEAA
Macomb Career and Technical Education Administrators Association

TECH PREP
Cutting Edge to the Future
Macomb County/St. Clair County

It is the policy of the MISD that no person on the basis of race, creed, color, religion, national origin, age, sex, height, weight, marital status, or disability shall be discriminated against, excluded from participation in, denied the benefits of, or otherwise be subjected to discrimination in any program or activity for which the MISD is responsible.