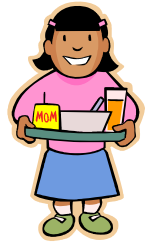


101 Things Every Child Should Do Before They Grow Up



Every child should

1. catch snowflakes on his tongue and eyelashes
2. go to a museum
3. build a gingerbread house and then get to eat it
4. spit watermelon seeds
5. spend time with a senior citizen
6. have a favorite book or bedtime story
7. fly a kite
8. experiment with simple science projects
9. help bake a cake from scratch and then lick the frosting bowl
10. grow a vegetable garden
11. do something to make the world a better place
12. ride a horse
13. put on a puppet show
14. go outside at dusk and stay there until it's dark, watching the stars come out
15. camp in the backyard
16. go to the zoo
17. organize a neighborhood clean up day
18. play in the bathtub until her skin wrinkles
19. turn off the television for a weekend
20. eat homemade ice cream on a hot summer evening
21. receive praise for who he is and what he has accomplished
22. blow a bubble gum bubble until it pops
23. experience a family car trip
24. paint a mural
25. see a classic movie on the big screen
26. learn a magic trick
27. go to a parade
28. create a special holiday keepsake
29. own a soft, cuddly, stuffed animal that he is never forced to give up because "he's too old"
30. go to a baseball game
31. take a night time hike by the light of the moon
32. go to a fair, carnival, or amusement park
33. have one outstanding teacher
34. have a hobby
35. clown around
36. make a pizza
37. express creativity
38. watch a caterpillar turn into a butterfly
39. have a pet
40. finger or toe paint
41. play a musical instrument
42. make choices, decisions and mistakes
43. learn to appreciate the different abilities of people
44. have a best friend
45. go to the beach
46. experience the feeling of love, safety and security
47. participate in an extracurricular activity
48. enjoy lazy summer days
49. be given a camera to take pictures, and the freedom to take whatever picture she wants to take
50. see mom or dad laugh
51. make caramel apples
52. publish a book
53. do chores around the house
54. have a pen pal
55. help someone else blow out birthday candles
56. draw with chalk on the sidewalk

57. go for a boat ride
58. have a personal library card
59. experience the ocean
60. make a meal for the family
61. spend some time alone
62. learn about the family history
63. play with play dough
64. receive notes of support, encouragement or "just because"
65. write a thank you note of gratitude to a relative or teacher
66. write in a journal
67. have a chance to sleep away from home
68. create a self-portrait
69. play classic games
70. blow soap bubbles
100. go on a scavenger hunt
101. have a dream for the future and an adult who believes in that dream.

What Do You Want
to do with Your
Children Before
They Grow Up?

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