

POSITIVE PARENTING WORKS!

PARENT HelpCARD

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Free and Low-Cost Services
In Macomb County

Developed by the Parent Education Services Subcommittee of the Macomb County Human Services Coordinating Body.
Printed through Great Parents Macomb, a State of Michigan grant awarded to Macomb ISD.

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Macomb County Health Department
Mt. Clemens—586.469.5520*
St. Clair Shores—586.466.6800*
Warren—586.573.2210*
(immunizations, health tests, public health nursing, other health related issues)

MI Child
1.888.988.6300
(For uninsured children of Michigan's working families)

Poison Control Center
1.800.222.1222

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HEALTH SERVICES

GARE
586.541.CARE
(Access to Substance Abuse Services)

Community Mental Health Crisis Center
586.307.9100*
(Available 24 hours)

Dental Services
586.573.2096*
(Income eligibility required)

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***TOLL-FREE TELEPHONE NUMBERS**

- From Armada/Romeo 586.752.4506
- From Center Line/Warren 586.979.7020
- From Memphis/Richmond 586.727.3175
- From Washington/Shelby Township 586.247.3530

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CHILD CARE/PRESCHOOL PROGRAMS

- Community Coordinated Child Care (4C)** 586.469.6993
(List of licensed child care by area and how to choose child care)
- Head Start Preschool Programs** 586.469.5215*
(Free preschool program for three- and four-year olds if qualified)



CHILDREN WITH SPECIAL NEEDS

- Early On® Macomb (Macomb ISD)** 586.228.3331
- Easter Seal Society (Macomb)** 586.468.7000
- Macomb County Community Mental Health** 586.948.0222*
- Project Find (Macomb ISD)** 586.228.3463
(Birth through age 25)



FAMILY FUN

- Great Parents Macomb** 1.866.4.MACOMB
(Information regarding parent education) 1.866.462.2662
- **Guide to Fun for Families** *Call above number for FREE publication*
 - **Parent & Child Magazine** *Call above number for FREE publication*
 - **Directory of Children's Services** *Call above number for FREE publication*
- Metro Parent Magazine** 248.398.3400



PARENTING CLASSES

- **CARE** 586.541.0033
- **Macomb Family Services** Clinton Township—586.226.3440
Richmond—586.727.5529
Romeo—586.752.9696
Shelby—586.254.5660
- **MSU Extension** 586.469.5180*



SUPPORT SERVICES (Including Emergency Services)

- Department of Human Services (DHS)** Mt. Clemens—586.469.7700
Sterling Heights—586.254.1500
Warren—586.427.0600
(Emergency cash, food, heat and utilities, home repairs, relocation assistance)
- Kinship Support** 586.469.6315*
(Grandparents Raising Grandchildren)
- Legal Aid and Defender Association** 1.877.964.5310
(Assistance for low-income families regarding legal issues)
- Macomb County Community Services Agency (MCCSA)***
Mt. Clemens—586.469.6964
New Haven—586.749.5146
Warren—586.759.9150
(Emergency support services—short term—for food, shelter, clothing, utility payments, referrals to education programs and employment services)
- MCFARES** 586.541.0033
(Macomb County Fetal Alcohol Resource Education and Support)
- Post Adoption Support Services** 586.416.2300
- Senior Citizen Services** 586.469.6313
(Age 60 and over)
- Macomb Homeless Education Program** 586.228.3490



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