

A user-friendly GUIDE TO

Fetal Alcohol Spectrum Disorder

FOR FAMILIES in Macomb County



About This Book

This *Small Book* is designed to assist families in locating free or low-cost community services in Macomb County and is designed to be user-friendly.

The book first lists a "SITUATION" followed by a short descriptive phrase about each of the known services listed for that situation, an explanation of the services and eligibility requirements (if applicable), and finally, the telephone number for the service.

This book lists services by a service category, not by agency. This helps to speed the finding of needed services. For the most part, only Macomb County resources are listed. Exceptions to this are out-of-county resources included if a Macomb County facility is filled or county or state services that may be accessed in Macomb County.

To aid you in your use of this book, you will notice the following format: Each "*Situation*" is enclosed in a black box to differentiate it from other situations.

The symbol (~) is placed in front of each new service under that category. All known services for a situation are grouped under it regardless of what agency offers those services.

As names of agencies and programs frequently change, please note that the former name is indicated in brackets { }.

Every effort has been made to assure that the information is up-to-date and accurate. Due to the dynamic nature of organizations, information changes often.

We hope that you enjoy this resource and that you are able to locate help more quickly. For your information, *Small Books* are available on the following topics:

Adoption	Literacy
Child Abuse	Mental Health
Child Care	Parenting
Dementia	Recreation/Leisure
Dental	Runaway Services
Domestic Violence	Senior Citizen Services
Employment & Training Services	Sexual Assault
Fetal Alcohol Spectrum Disorder	Special Needs
Financial Assistance	Substance Abuse
Food	Suicide Prevention
Gambling Addiction/Problems	Support Groups
Resources	Teen Pregnancy Service
Health	Transportation
Homeless Services	Utility Assistance
Housing	Vision and Hearing Services
Legal Issues	Glossary

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FETAL ALCOHOL SPECTRUM DISORDER

FASD is a birth defect caused by the consumption of alcohol by the biological mother during pregnancy. FASD is a medical diagnosis.

Current criteria for the medical diagnosis of Fetal Alcohol Syndrome require documentation of all of the following:

- 1. Three facial abnormalities:**
 - a. a smooth philtrum (the midline groove in the upper lip that runs from the top of the lip to the nose),**
 - b. a thin vermilion (the exposed pink or reddish margin of a lip), and**
 - c. small palpebral fissures (The opening for the eyes between the eyelids)**
- 2. Growth deficits**
- 3. Central Nervous System abnormality (causing learning & behavioral difficulties.)**

**For a color guide to facial feature diagnosis visit:
<http://depts.washington.edu/fasdpn/htmls/fas-face.htm>**

***For a free copy of a guide to identifying and working with children who have been prenatally exposed to alcohol, go to
www.mcosa.net/fasd.asp**

SITUATION: You need information on Fetal Alcohol Spectrum Disorder.

❖ **Information on FASD is available at:**

Shelly Bania, FASD Prevention Specialist (586) 541-0033 or bania@careofmacomb.com
www.mcosa.net/FASD.asp
http://fasdcenter.samhsa.gov/index.cfm
http://depts.washington.edu/fasdnp/htmls/fas-face.htm
www.fasstar.com
www.wrongdiagnosis.com/fetal_alcohol_syndrome/symptoms.htm
www.fasdcenter.samhsa.gov/educationTraining/FASDBASICS/FASDTheBasics.pdf
www.skfasnetwork.ca
www.region6fasd.ca
www.nofas.org/educator/teaching.aspx
www.fascets.org
http://come-over.to/FASCRC/
www.come-over.to/fasstar/Kersey.htm

SITUATION: You suspect a child has Fetal Alcohol Spectrum Disorder.

❖ **A pre-screen assessment should be completed before making an appointment at a Diagnostic Center (listed below).**

PRE-SCREEN ASSESSMENT CENTERS	
CARE	(586) 541-0033 If drugs or alcohol were used or suspected while the biological mother was pregnant, then also ask to speak to the FASD Prevention Specialist or the Women and Family Case Manager
WEBSITE: www.wrongdiagnosis.com/fetal_alcohol_syndrome/symptoms.htm	

- ❖ **Diagnostic Centers (called Centers of Excellence) identify neurological and mental health problems/concerns:**

DIAGNOSTIC CENTERS		
Children’s Hospital of Michigan	Department of Genetics	(313) 993-3891
Wayne State University	Department of Psychiatry and Behavioral Neurosciences	(313) 875-8550
University of Michigan Medical Center	Developmental and Behavioral Pediatrician	(734) 936-9777

SITUATION: A child with FASD has meltdowns when frustrated at home or school.

- ❖ Behavior Modification tips for children with FASD are available at:

www.mcosa.net/FASD.asp
www.nofas.org/educator/teaching.aspx
www.fascets.org
www.come-over.to/FASCRC
www.come-over.to/fasstar/Kersey.htm

SITUATION: A parent/guardian of a child with FASD needs an empathetic group to share similar experiences.

- ❖ **Parent support group for parents/guardians of a child with FASD** is available through CARE, (586) 541-0033 ext. 236.

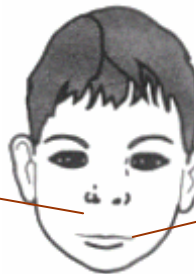
SITUATION: A child with FASD needs classroom accommodations.

- ❖ **A legal document that allows for classroom accommodations** (e.g., quiet environment for testing, extra time to do homework, etc.) is available from local school districts, usually from a School Counselor or Principal. For assistance in navigating the process for obtaining this document for children with FASD, contact the FASD Specialist at CARE: (586) 541-0033 ext. 222.

Michigan Department of Community Health
FETAL ALCOHOL SYNDROME (FAS) PRE-SCREEN

FAS is a birth defect caused by alcohol use during pregnancy. FAS is a medical diagnosis. This form is not intended to take the place of a diagnostic evaluation.

Smooth space between nose and lip (No vertical groove)



Thin upper lip

FACIAL FEATURES

Last Name:	First Name:	Sex: Male Female
Address		Race:
City/State/Zip code:		Birth date:
Parent/Caregiver Name/s:		Home Phone:
Bio Foster Adopted Other	Work Phone/Cell:	

If 2 or more of the identifiers listed below are noted, the individual should be referred for a full FAS Diagnostic Evaluation.

IDENTIFIERS	Check or explain if a concern exists
1. Height and weight seem small for age	
2. Facial features (See diagram above)	
3. Size of head seems small for age	
4. Behavioral concerns: (any one of these qualifies as an identifier) <ul style="list-style-type: none"> • Sleeping/eating problem • Mental retardation or IQ below familial expectations • Attention problem/impulsive/restless • Learning disability • Speech and/or language delays • Problem with reasoning and judgment • Acts younger than children the same age 	
5. Maternal alcohol use during pregnancy	

Any previous diagnosis: _____

Screener _____ Agency _____

Contact the nearest Diagnostic Center to schedule a complete FAS Evaluation

FAS DIAGNOSTIC CENTERS IN MICHIGAN:

Ann Arbor: (734) 936-9777 Grand Rapids: (616) 391-2319 Marquette: (906) 225-4777
 Detroit: (313) 993-3891 Kalamazoo: (269) 387-7073 Traverse City: (231) 947-8110

Additional Support Services can be Accessed through CARE (586) 541-0033.

ACKNOWLEDGEMENTS

This booklet has been developed from *"Making the Right Connection"*, a project of the Macomb County Inter Agency Council and its Youth Council Subcommittee.

For the complete Resource Directory, please go to www.misd.net/connection





GREAT PARENTS MACOMB*
Serving families with children birth to age 5

For information on other resources for families of children
age birth to 5 years, please call:

1.866.4MACOMB

1.866.464.2662

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Agencies throughout Macomb County are program partners.