

A user-friendly GUIDE TO

Health Services

FOR FAMILIES in Macomb County



About This Book

This *Small Book* is designed to assist families in locating free or low-cost community services in Macomb County and is designed to be user-friendly.

The book first lists a "SITUATION" followed by a short descriptive phrase about each of the known services listed for that situation, an explanation of the services and eligibility requirements (if applicable), and finally, the telephone number for the service.

This book lists services by a service category, not by agency. This helps to speed the finding of needed services. For the most part, only Macomb County resources are listed. Exceptions to this are out-of-county resources included if a Macomb County facility is filled or county or state services that may be accessed in Macomb County.

To aid you in your use of this book, you will notice the following format: Each "*Situation*" is enclosed in a black box to differentiate it from other situations.

The symbol (~) is placed in front of each new service under that category. All known services for a situation are grouped under it regardless of what agency offers those services.

As names of agencies and programs frequently change, please note that the former name is indicated in brackets { }.

Every effort has been made to assure that the information is up-to-date and accurate. Due to the dynamic nature of organizations, information changes often.

We hope that you enjoy this resource and that you are able to locate help more quickly. For your information, *Small Books* are available on the following topics:

Adoption	Literacy
Child Abuse	Mental Health
Child Care	Parenting
Dementia	Recreation/Leisure
Dental	Runaway Services
Domestic Violence	Senior Citizen Services
Employment & Training Services	Sexual Assault
Fetal Alcohol Spectrum Disorder	Special Needs
Financial Assistance	Substance Abuse
Food	Suicide Prevention
Gambling Addiction/Problems	Support Groups
Resources	Teen Pregnancy Service
Health	Transportation
Homeless Services	Utility Assistance
Housing	Vision and Hearing Services
Legal Issues	Glossary

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HEALTH SERVICES

SITUATION: A family needs health insurance.

- ❖ **Low cost health insurance for children** Two health insurance programs for Michigan families are MIChild* and Healthy Kids*. Eligibility for either insurance is completed on the same form, although the type of insurance issued is based on family income.

APPLICATIONS* ARE AVAILABLE AT:	
Health Department* , Mt. Clemens	(586) 469-5492
Health Department* , St. Clair Shores	(586) 466-6800
Macomb County Community Services Agency*	(586) 469-5215
Department of Human Services (Mt. Clemens District) serving Chesterfield Twp., Clinton Twp., Harrison Twp., Mt. Clemens, St. Clair Shores, Selfridge ANG* Base.	(586) 469-7700
Department of Human Services (Sterling Heights District) serving Armada, Memphis, New Baltimore, New Haven, Richmond, the Macomb County section of Rochester, Romeo, Utica, Washington.	(586) 254-1500
Department of Human Services (Warren District) serving Center Line, Eastpointe, Fraser, Roseville, and Warren.	(586) 427-0600
New Haven Community Services (New Haven)	(586) 749-5173
State MIChild* help line	(888) 988-6300
Persons needing an interpreter may call: (888) 988-6300 TDD* for persons with hearing disabilities: (888) 263-5897 These calls are free.	

SITUATION: A person needs medical care on an ability-to-pay basis.

- ❖ **Free to low cost medical services** including treatment for acute illnesses (*colds, ear infections, bronchitis, rashes, cuts*); women's health (*gynecological physicals, family planning, sexually-transmitted-diseases**); treatment for chronic illnesses (*high-blood pressure, diabetes*); employment and school physicals; referrals to other services. Service is available for persons and families of all ages, economically disadvantaged, persons with no medical insurance.

<p>Neighbors Caring for Neighbors Clinic at Samaritan House 58944 Old Van Dyke Washington, MI</p>	<p>Clinic Hours Mondays only: 11:00 A.M. - 6:00 P.M.</p>	<p>(586) 677-3788</p>
<p>St. Joseph Mercy Neighbors Caring for Neighbors Clinic at St. Joseph Hospital East 215 North Ave Mt. Clemens, MI 48043</p>	<p>Clinic Hours Tuesdays: 9:00 A.M. - 2:30 P.M. Wednesdays: 10:00 A.M. - 6:00 P.M. Fridays: 9:00 A.M. - 2:30 P.M.</p>	<p>(586) 412-2108 ext. 17</p>

- ❖ **Medical care for women not eligible for Healthy Kids* or MIChild health insurance.** A connection with a Catholic Hospital will be made for medical care. Available from Catholic Services of Macomb* - Project Life, (586) 416-2300.

SITUATION: A person needs assistance in locating low-cost prescription medications.

- ❖ **A website summary of currently available patient benefit programs offered by the pharmaceutical companies** providing a variety of ways to find help with the cost of medications. Search for assistance based on illness or condition, by the drug's brand name or generic equivalent, or by manufacturer. The site also lists resources for finding human assistance filling out paperwork or making applications, and service organizations that support specific conditions. Users must access the information via a computer – there is no telephone alternative at this time. For more information, go to: needymeds.com
- ❖ **Assistance in obtaining medications through the Patient Assistance Programs of major pharmaceutical companies** with the following eligibility criteria: *Macomb County residents 19 years of age and older, with medication prescribed for chronic medical conditions, with no insurance coverage and unqualified for other programs, and who meet income-based eligibility by the pharmaceutical company (usually less than \$1200/month total household income)* is available from Prescription Resource Network*, (586) 263-2110.
- ❖ **Prescription Assistance website** (www.pparx.org) to help qualifying patients who lack prescription coverage get the medicines they need through the public or private program that's right for them. Many will get their prescriptions free or nearly free. This site offers a single point of access to more than 275 public and private patient assistance programs, including more than 150 programs offered by pharmaceutical companies. To access the Partnership for Prescription Assistance by phone, you can call toll-free, (888) 4PPA-NOW (888-477-2669).

SITUATION: A person is requesting information on family planning.

- ❖ **Information on contraceptive methods, pregnancy testing, pelvic and breast examination (Birth control supplies are available on a sliding fee scale*).** Available from:

Macomb County Health Department* - Family Planning, Mt. Clemens	(586) 469-5491
New Haven Medical Center, New Haven	(586) 749-5197
Planned Parenthood, Warren	(586) 758-2100

SITUATION: A female suspects she is pregnant and needs pregnancy testing.

Macomb County Health Department* - Family Planning Program, Mt. Clemens	(586) 469-5491
New Haven Medical Center	(586) 783-2229
Planned Parenthood, Warren	(586) 758-2100
Compassion Pregnancy (Pro-life organization)	(586) 749-5197

SITUATION: A female is pregnant and needs options counseling.

Options counseling is available from:

MEDICAL FACILITIES OFFERING COUNSELING AND REFERRALS	
Planned Parenthood, Warren	(586) 758-2100
NON-MEDICAL FACILITIES OFFERING SUPPORT AND REFERRALS	
Birthright of Macomb County*, Utica	(586) 254-5930
Catholic Services of Macomb* - Project Hope	(586) 416-2300
Compassion Pregnancy*, Clinton Twp.	(586) 783-9620
Women and Teens Pregnancy Center*, Pontiac	(586) 939-4357(HELP)

SITUATION: A female is pregnant and needs prenatal services.

TO REFER TO THE MATERNAL INFANT HEALTH PROGRAM:

Maternal and Infant Health Program services are specialized preventive services provided to pregnant women, mothers, and their infants who have Medicaid to help reduce infant deaths and illnesses.

Qualified Health Plans (QHPs) are required to provide Maternal and Infant Health Program services to their members when the services are determined to be medically necessary. Maternal and Infant Health Program services may require prior authorization from a QHP or its providers.

For a list of MIHP service providers, go to:

http://www.michigan.gov/documents/DIR_151030_7.MSS.CBO.doc.pdf

- ❖ **Prenatal/postpartum care for low income* women; medical costs at cooperating hospital clinics/providers; home visits by a public health nurse; and expectant parent classes.** Available from the Macomb County Health Department* - Prenatal Care and Enrollment Coordination Program, Mt. Clemens, (586) 469-5492.

- ❖ **Paraprofessional outreach and advocacy services to individuals in the communities of Mt. Clemens and Clinton Township.** Available from the Macomb County Health Department* Community Health Outreach Program, Mt.. Clemens, (586) 792-8846.

SITUATION: A pregnant or post-partum female needs nutrition services or food supplements.

- ❖ **Nutrition education and supplemental food coupons for low-income pregnant females, new mothers, and children under age 5 who have medical or nutritional needs.** Available from the Macomb County Health Department* - WIC* (Women, Infants and Children*) Supplemental Food Program, Mt. Clemens, (586) 469-5471 or New Haven Community Services, (586) 749-5173.
- ❖ **Free nutritional education and consultation for Macomb County individuals and families.** There are no income guidelines. Available from the Macomb County Health Department*, Mt. Clemens, (586) 412-3396.
- ❖ **Free in-home or small group instruction for limited resource families on basic nutrition, food buying and preparation skills, meal planning and budgeting.** Available from the MSU Extension* - Expanded Food Nutrition Educational Program* (EFNEP*), (586) 469-6432.
- ❖ **Emergency Food** is available through various food pantries in Macomb County. Eligibility is determined by first calling the Macomb County Community Services Agency*, (586) 469-6004 (Monday – Friday).
- ❖ **Free monthly food for pregnant and post-partum women and children up to age 6 who do not receive WIC*. Income guidelines: 185% of poverty level.** Available from Focus Hope. Eligibility determined locally by calling the Macomb County Community Services Agency*, (586) 469-6964.

SITUATION: A female needs information on breast-feeding.

- ❖ **Information and support for breast-feeding** is available from the La Leche League*, for a list of local groups, go to www.lalecheleague.org.

SITUATION: A parent needs instruction on how to properly use a car seat for his or her infant.

- ❖ **Free car seat check by a certified child passenger technician** are available by appointment from:

Clinton Township	Macomb County Health Department	(586) 412-3398
	MedStar Ambulance	(586) 468-4475
	Clinton Township Police Department	(586) 493-7935
Fraser	Traffic Safety Association of Michigan	(586) 293-5880
Harrison Township	Harrison Township Fire Department	(586) 466-1450
Mt. Clemens	Macomb County Sheriff's Department	(586)469-7744
Roseville	Roseville Fire Department	(586) 445-5444
Shelby Township	Shelby Township Police Department	(586) 731-2121 ext. 4
Utica	Utica Police Department	(586) 731-2345
<p>For new sites in your area, call the Traffic Safety Association of Michigan at (586) 293-5880 or AAA, (586) 977-6663.</p>		

SITUATION: A parent has an infant who needs immunizations.

- ❖ **Immunizations for Macomb County children and adults against the following diseases: diphtheria, influenza, pneumonia, tetanus, pertussis, measles, mumps, poliomyelitis, rubella, hemophilus influenza, Hepatitis B, or vorcilla (chicken pox).** A small fee is required. Available from:

Macomb County Health Department*	Mt. Clemens	(586) 469-5372
Macomb County Health Department*	St. Clair Shores	(586) 466-6800
Macomb County Health Department*	Warren	(586) 465-8090
Immunization Hours: 8:30 A.M. - 5:00 P.M. Evening hours available at the following times, locations: Mondays: 5:00 - 7:30 P.M. (St. Clair Shores) Wednesdays: 5:00 - 7:30 P.M. (Mt. Clemens) Thursdays: 5:00 - 7:30 P.M. (Warren)		
For a list of what and when to get a child immunized, call the Health Department offices for a copy of their free pamphlet Protect Every Child: Immunize Now!		

- ❖ **Hepatitis B and Influenza immunizations** are available from Planned Parenthood. For more information, call (586) 758-2100 (Warren).

SITUATION: A person needs information on sexually-transmitted diseases.

- ❖ **Free and confidential testing, treatment, diagnosis and counseling for sexually-transmitted diseases* (STDs*).** Available from the Macomb County Health Department*, Mt. Clemens (586) 469-5372; Warren, (586) 573-2090.
- ❖ **Low-cost confidential testing, diagnosis, treatment and counseling for sexually-transmitted diseases (STDs*).** Available from Planned Parenthood, (586) 758-2100 (Warren).

SITUATION: A person is at risk or needs information on AIDS.

- ❖ **Free pre-test counseling, testing and post-test counseling for Human Immunodeficiency Virus.** Available at the Macomb County Health Department* - HIV* Antibody Counseling and Optional Testing Program. Contact Michigan AIDS Hotline* at (800) 872-2437.
- ❖ **Pre-test counseling, testing and post-test counseling** for Human Immunodeficiency Virus* (HIV*). The cost is \$30.00. Available from Planned Parenthood Available from Planned Parenthood, (586) 758-2100 (Warren).
- ❖ **Pre-test and post-test counseling and testing for HIV 10 - 21 year olds.** Available from New Haven Medical Center, (586) 749-5197.

SITUATION: A person has or is suspected of having tuberculosis.

- ❖ **Free testing, x-rays, medication and medical consultation to persons diagnosed or suspected of having tuberculosis and their contacts.** Available from the Macomb County Health Department*, Mt. Clemens, (586) 469-5372; St. Clair Shores, (586) 465-9170; Warren, (586) 465-8030.

SITUATION: A person needs health information and nursing services.

- ❖ **Free prevention and primary health care program for Macomb County residents.** A Public Health nurse provides health information and nursing services to individuals, clinics, community and schools. Available from the Macomb County Health Department* - Public Health Nursing Services, Mt. Clemens, (586) 469-5520; St. Clair Shores, (586) 465-9170; Warren, 465-8030.
- ❖ **Low cost and confidential primary health care services for youth ages 10 - 21, including medical care, counseling, and educational services.** Two sites are available: New Haven and Fitzgerald. Services are by appointment and with parental consent if under 18 years of age. Students, ages 11-21, residing in the Fitzgerald, Center Line, Warren Woods and Van Dyke school districts may receive services at the Adolescent Health Center - Fitzgerald site. Other Macomb County adolescents, ages 10 -21, may receive services at the Adolescent Health Center - New Haven site. Call (586) 749-5173; or Fitzgerald, (586) 759-9070.

- ❖ **Assistance to Macomb County families/children with special medical conditions in securing medical treatment and costs.** Available from the Macomb County Health Department* - Children's Special Health Care Services*, St. Clair Shores, (586) 466-6855.

OTHER SERVICES AVAILABLE

- ❖ **Fun opportunities for children aged 3 to 18 with life-threatening illnesses and their families.** The Rainbow Connection's Special Response program assists families with information and referrals to other needed services (utility assistance, counseling, etc.). Available from The Rainbow Connection, Pontiac, (248) 601-9474.
- ❖ **Children's Health Fair** provides an action-packed afternoon offering free screenings, immunizations, assessments, health education, demonstrations, entertainment, refreshments, raffle prizes for Macomb County children under 18 years of age who are accompanied by an adult. For more information, call Elaine Habib, Health Department, (586) 466-6800.

ACKNOWLEDGEMENTS

This booklet has been developed from "*Making the Right Connection*", a project of the Macomb County Inter Agency Council and its Youth Council Subcommittee.

For the complete Resource Directory, please go to www.misd.net/connection





GREAT PARENTS MACOMB*
Serving families with children birth to age 5

For information on other resources for families of children
age birth to 5 years, please call:

1.866.4MACOMB

1.866.464.2662

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