

A user-friendly GUIDE TO

# Substance Abuse

FOR FAMILIES in Macomb County



## About This Book

This *Small Book* is designed to assist families in locating free or low-cost community services in Macomb County and is designed to be user-friendly.

The book first lists a "SITUATION" followed by a short descriptive phrase about each of the known services listed for that situation, an explanation of the services and eligibility requirements (if applicable), and finally, the telephone number for the service.

This book lists services by a service category, not by agency. This helps to speed the finding of needed services. For the most part, only Macomb County resources are listed. Exceptions to this are out-of-county resources included if a Macomb County facility is filled or county or state services that may be accessed in Macomb County.

To aid you in your use of this book, you will notice the following format: Each "*Situation*" is enclosed in a black box to differentiate it from other situations.

The symbol (~) is placed in front of each new service under that category. All known services for a situation are grouped under it regardless of what agency offers those services.

As names of agencies and programs frequently change, please note that the former name is indicated in brackets { }.

Every effort has been made to assure that the information is up-to-date and accurate. Due to the dynamic nature of organizations, information changes often.

We hope that you enjoy this resource and that you are able to locate help more quickly. For your information, *Small Books* are available on the following topics:

Adoption	Literacy
Child Abuse	Mental Health
Child Care	Parenting
Dementia	Recreation/Leisure
Dental	Runaway Services
Domestic Violence	Senior Citizen Services
Employment & Training Services	Sexual Assault
Fetal Alcohol Spectrum Disorder	Special Needs
Financial Assistance	Substance Abuse
Food	Suicide Prevention
Gambling Addiction/Problems	Support Groups
Resources	Teen Pregnancy Service
Health	Transportation
Homeless Services	Utility Assistance
Housing	Vision and Hearing Services
Legal Issues	Glossary

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## SUBSTANCE ABUSE SERVICES

**SITUATION:** A person is abusing alcohol and/or other drugs or may be affected by someone else's alcohol or other drug use. (If the client is a youth, he/she may or may not want parents to know about the desire for counseling.)

### EVALUATION AND REFERRAL

- ❖ **Confidential assessments** of Macomb County youth ages 5 - 19, adults and their families experiencing personal, family, mental health, alcohol, and other drug-related problems.

**Procedure for referring adults:** Call CARE\* at (586) 541-CARE (2273).

**Procedures for referral of youth:** Assessments are usually initiated by the student, family members, or school personnel. Other concerned persons are also encouraged to initiate contact. Parental involvement is always encouraged. After an initial assessment, the student and/or family are referred to the clinically-appropriate agency for service. Assessments are available from CARE\* - Student Assistance Center, (586) 541-2273.

**Inappropriate referrals include:** violent acting out behaviors, regardless of substance use, suicidal crises, psychiatric emergencies and medical problems.

**Waiting time:** Emergencies are handled by telephone and are referred directly, as CARE\* does not handle medical or psychiatric emergencies. Urgent cases are seen as soon as possible, usually that day. Non-urgent cases are seen within three working days in most cases.

**Fees:** Free for students referred by Macomb County schools. All others are assessed a sliding scale fee.

*Although there is a central assessment and referral agency in Macomb County for youth, some agencies specialize in treating youth on an outpatient basis. (See next page for a listing.) Referrals may be given to these programs directly. However, if you are unsure if the youth needs outpatient therapy or another level of care, then refer the youth to the Student Assistance Center at CARE\*.*

## INDIVIDUALIZED THERAPY FOR YOUTH

Macomb Family Services\* -  
Romeo  
124 W. Gates  
Romeo, MI 48065  
(586) 752-9696  
*(MFS agency policy dictates a parent/guardian must authorize treatment services of individuals under 18 years of age.)*

Macomb Family Services\* -  
Richmond  
67515 Main St.  
Richmond, MI 48062  
(586) 727-5529  
*(MFS agency policy dictates a parent/guardian must authorize treatment services of individuals under 18 years of age.)*

Eastwood Community Clinics\*  
35455 Garfield  
Clinton Township, MI 48035  
(586) 792-5335

Eastwood Community Clinics\*  
20811 Kelly, Suite 103  
Eastpointe, MI 48021  
(586) 445-2210

Clinton Counseling Center\*  
2 Crocker Blvd., Suite 101  
Mt. Clemens, MI 48043  
(586) 468-2266

Henry Ford Behavioral Health -  
Sherwood Park  
26091 Sherwood, Suite 4A  
Warren, MI 48091  
(586) 758-2872

## INFORMATION NEEDED TO MAKE A REFERRAL TO ANY ONE OF THE ABOVE AGENCIES

**Procedure:** Call and schedule an appointment. The youth should initiate the contact but another person may assist.

**Eligibility:** Macomb County residents and youth attending Macomb County Schools are given priority status.

**Fees:** Call the individual agencies for their current counseling fees. Many insurances are accepted. Sliding fee scale may be available for those with no or minimal insurance coverage. Fees are determined before the first session. If a youth comes in without parental knowledge, insurance and household income are not used in determining or setting a small fee to waiving the fee.

**Waiting time:** Clients are generally seen within one to two weeks. Emergencies may be scheduled sooner.

### **Information Needed:**

- Name and address of youth
- Telephone number (If they do not wish to be contacted at home, this should be specified)
- Birth date
- A brief description of the problem
- Medical insurance numbers if client has health insurance
- Household income\*
- Family size\*

*\*The last two items do not apply if the youth does not wish the parents to know about treatment.*

**INPATIENT PROGRAM SPECIALIZING IN TREATING  
ADDICTED PREGNANT FEMALES AND FEMALES WITH  
PRESCHOOLERS**

- ❖ **Intensive outpatient substance abuse services for addicted females who are pregnant or who have preschool children, housing, child care, arrangements for prenatal care, labor and delivery and follow-up medical and social services** are available. For a referral, call CARE (586) 541-CARE (2273) for an intake assessment.

**SITUATION: A pregnant female is abusing alcohol  
and/or other drugs.**

*At the present time, Michigan Children's Protective Services\* (CPS\*) policy, based upon the Child Protection law, does not define a fetus as a child. Therefore, the in-utero exposure of a fetus to drugs or alcohol is not within the authority of Child Protective Services\*. While CPS\* cannot legally intervene prior to a child's birth, pregnant females who are suspected of abusing drugs or alcohol and who are the subject of a complaint can be referred for substance abuse services and to local Maternal and Infant Health program providers as appropriate.*

**TO REFER TO SUBSTANCE ABUSE SERVICES:**

Community Assessment, Referral and Education\* (CARE\*): (586) 541-CARE (2273).

**TO REFER TO THE MATERNAL INFANT HEALTH PROGRAM:**

Maternal and Infant Health Program services are specialized preventive services provided to pregnant women, mothers, and their infants who have Medicaid to help reduce infant deaths and illnesses.

Qualified Health Plans (QHPs) are required to provide Maternal and Infant Health Program services to their members when the services are determined to be medically necessary. Maternal and Infant Health Program services may require prior authorization from a QHP or its providers.

For a list of MIHP service providers, go to:

[http://www.michigan.gov/documents/DIR\\_151030\\_7.MSS.CBO.doc.pdf](http://www.michigan.gov/documents/DIR_151030_7.MSS.CBO.doc.pdf)

**SITUATION: A parent with child/ren is abusing alcohol and/or other drugs.**

It is the policy of the Michigan Department of Human Services\* that substance abuse or addiction of the parent/caretaker or adult living in the home to alcohol or drugs does not in and of itself constitute credible evidence of abuse or neglect of the child. Parents use drugs (including legally or illegally-obtained controlled drugs and other drugs) and/or alcohol to varying degrees and many remain able to care for their children without harming them. A careful assessment needs to be made to determine whether a child is at risk.

When alcohol and other drug abuse/addiction interferes with a person's ability to meet parental responsibilities and causes harm or threatened harm to children, these failures of parental duty provide the basis for substantiating abuse. In this situation, contact the Department of Human Services\* - Children's Protective Services\*:

**Department of Human Services\***  
**Children's Protective Services\***  
**Hours: Monday through Friday: 8:00 a.m. - 5:00 p.m.**  
**(877) 412-6109**

*After hours and on weekends, call (586) 254-1513*

**SITUATION: A parent has other adults in the child's home who are using alcohol and/or other drugs.**

If other adults are residing in the child's home and are using drugs/alcohol, the parent/ caretaker's capacity to care for the child and ensure his/her safety and well-being is to be assessed by DHS\*. For example, if it is determined that the child is being exposed to the violent environment in a drug house, this is considered to be a failure of parental duty and provides a basis for substantiating abuse or neglect.

Drug and alcohol exposure also includes environmental exposure to drugs and alcohol. For example, cocaine/crack is being smoked in the home and the infants and/or children present are inhaling the smoke; or, infants and children are given alcohol to drink or have access to alcohol or other drugs. It may also include exposure to the violent and other unhealthy environments in which drugs are commonly sold or used.

In the above situations, contact the Department of Human Services\* - Children's Protective Services\*:

<p><b>Department of Human Services*</b> <b>Children's Protective Services*</b> <b>Hours: Monday through Friday: 8:00 a.m. - 5:00 p.m.</b> <b>(877) 412-6109</b></p>
<p><i>After hours and on weekends, call (586) 254-1513</i></p>

## RECOVERY AND SUPPORT GROUPS

- ❖ **Alcoholics Anonymous** is a fellowship of recovering alcoholics who meet regularly to help each other stay sober by sharing their experience, strength and hope. For a list of Macomb County meeting locations call, (877) 337-0611.
  
- ❖ **Al-Anon** is a peer-recovery program for family members of alcoholics. For more information call, (800) 813-3105 or (888) 4AL-ANON or (888) 425-2666.
  
- ❖ **Cocaine Anonymous** - Currently there are no Cocaine Anonymous support groups in Macomb County.
  
- ❖ **Families Anonymous**, is a group of concerned relatives and friends whose lives have been adversely affected by a loved one's addiction to alcohol or drugs. For more information or a list of meeting sites in the region, call (248) 852-8310 or go to [www.familiesanonymous.org](http://www.familiesanonymous.org).

- ❖ **Marijuana Anonymous** fellowship of men and women who share our experience, strength, and hope with each other that we may solve our common problem and help others to recover from marijuana addiction. For more information, call (800) 766-6779 or go to [www.marijuana-anonymous.org](http://www.marijuana-anonymous.org) for a list of meeting sites in the region.
- ❖ **Nar-Anon** is a peer recovery program for family members of drug addicts. For more information, call (586) 447-2868.
- ❖ **Narcotics Anonymous** is a fellowship of recovering addicts who meet regularly to help each other stay clean by sharing their experience, strength and hope. For a list of Macomb County meeting locations call, (248) 543-7200 (Pleasant Ridge).
- ❖ **FREE support program (“Project Focus”) for parents and youth ages 6-15 who are concerned about a family member’s use of alcohol or other drugs or have a family member in recovery or are in recovery themselves.** FREE Childcare is available for children ages 3-5. Families will learn tools to reduce their anxiety, develop healthy coping skills, learn about addiction and discover they are not alone with their concerns. The program is full of fun activities while using a skill-building approach. Available from CARE\*, (586) 541-0033 or visit their website at [www.careofmacomb.com](http://www.careofmacomb.com).

**SITUATION: A youth is living in a home where a parent or other family member is using alcohol or other drugs and needs information and support.**

- ❖ **A eight-day summer programming series for children 3 - 13 living in a home where alcohol or other drugs are a problem** is available which provides information on feelings, self-esteem, defenses, chemical awareness, families, peer pressure and self care. This program gave children a safe place to receive education and support to help meet this challenge. Available from CARE\*, (586) 541-0033 or visit their website at [www.careofmacomb.com](http://www.careofmacomb.com).

## OTHER RESOURCES

- ❖ **Audiotapes, books, films and videos on substance abuse topics for free loan to Macomb County residents.** Available from the Macomb County Office of Substance Abuse\* Resource Center, (586) 469-5278 or [www.mcosa.net](http://www.mcosa.net).
- ❖ **Videotapes on substance abuse topics for free loan to Macomb County residents.** Available at the Macomb County Library\*, (586) 286-6660.







## ACKNOWLEDGEMENTS

This booklet has been developed from "*Making the Right Connection*", a project of the Macomb County Inter Agency Council and its Youth Council Subcommittee.

For the complete Resource Directory, please go to [www.misd.net/connection](http://www.misd.net/connection)





GREAT PARENTS MACOMB\*  
Serving families with children birth to age 5

For information on other resources for families of children  
age birth to 5 years, please call:

1.866.4MACOMB

1.866.464.2662

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