

A user-friendly GUIDE TO

# Teen Pregnancy

FOR FAMILIES in Macomb County



## About This Book

This *Small Book* is designed to assist families in locating free or low-cost community services in Macomb County and is designed to be user-friendly.

The book first lists a "SITUATION" followed by a short descriptive phrase about each of the known services listed for that situation, an explanation of the services and eligibility requirements (if applicable), and finally, the telephone number for the service.

This book lists services by a service category, not by agency. This helps to speed the finding of needed services. For the most part, only Macomb County resources are listed. Exceptions to this are out-of-county resources included if a Macomb County facility is filled or county or state services that may be accessed in Macomb County.

To aid you in your use of this book, you will notice the following format: Each "*Situation*" is enclosed in a black box to differentiate it from other situations.

The symbol (~) is placed in front of each new service under that category. All known services for a situation are grouped under it regardless of what agency offers those services.

As names of agencies and programs frequently change, please note that the former name is indicated in brackets { }.

Every effort has been made to assure that the information is up-to-date and accurate. Due to the dynamic nature of organizations, information changes often.

We hope that you enjoy this resource and that you are able to locate help more quickly. For your information, *Small Books* are available on the following topics:

Adoption	Literacy
Child Abuse	Mental Health
Child Care	Parenting
Dementia	Recreation/Leisure
Dental	Runaway Services
Domestic Violence	Senior Citizen Services
Employment & Training Services	Sexual Assault
Fetal Alcohol Spectrum Disorder	Special Needs
Financial Assistance	Substance Abuse
Food	Suicide Prevention
Gambling Addiction/Problems	Support Groups
Resources	Teen Pregnancy Service
Health	Transportation
Homeless Services	Utility Assistance
Housing	Vision and Hearing Services
Legal Issues	Glossary

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## TEEN PREGNANCY SERVICES

### HEALTH SERVICES

**SITUATION: A pregnant adolescent needs health insurance.**

- ❖ **Low cost health insurance for children** Two health insurance programs for Michigan families are MIChild\* and Healthy Kids\*. Eligibility for either insurance is completed on the same form, although the type of insurance issued is based on family income.

<b>APPLICATIONS* ARE AVAILABLE AT:</b>	
<b>Health Department* , Mt. Clemens</b> <i>(Will also assist in locating a prenatal doctor)</i>	(586) 469-5372
<b>Health Department* , St. Clair Shores</b> <i>(Will also assist in locating a prenatal doctor)</i>	(586) 465-9170
<b>Health Department* , Warren</b> <i>(Will also assist in locating a prenatal doctor)</i>	(586) 465-8030
<b>Department of Human Services (Mt. Clemens District)</b> serving Chesterfield Twp., Clinton Twp., Harrison Twp., Mt. Clemens, St. Clair Shores, Selfridge ANG* Base.	(586) 469-7700
<b>Department of Human Services (Sterling Heights District)</b> serving Armada, Memphis, New Baltimore, New Haven, Richmond, the Macomb County section of Rochester, Romeo, Utica, Washington.	(586) 254-1500
<b>Department of Human Services (Warren District)</b> serving Center Line, Eastpointe, Fraser, Roseville and Warren.	(586) 427-0600
<b>State MIChild* help line</b>	(888) 988-6300
<b>Persons needing an interpreter may call: (888) 988-6300</b> <b>TDD* for persons with hearing disabilities: (888) 263-5897</b> <i>These calls are free</i>	

**SITUATION: An adolescent mother needs medical care on an ability-to-pay basis.**

❖ **Free to low cost medical services** including treatment for acute illnesses (*colds, ear infections, bronchitis, rashes, cuts*); women's health (*gynecological physicals, family planning, sexually-transmitted-diseases\**); treatment for chronic illnesses (*high-blood pressure, diabetes*); employment and school physicals; referrals to other services. Service is available for persons and families of all ages, economically disadvantaged, persons with no medical insurance. Available from Neighbors Caring for Neighbors Clinics\* Outreach Clinic.

<p><b>Neighbors Caring for Neighbors Clinic at Samaritan House</b> 58944 Old Van Dyke Washington, MI</p>	<p><b>Clinic Hours</b> Mondays: 9:00 A.M. - 2:30 P.M. Thursdays between 5:30 - 7:30 P.M.</p>	<p>(586) 677-3788</p>
<p>Henry Ford Macomb <b>Neighbors Caring for Neighbors Clinic</b> at Henry Ford Macomb 215 North Ave Mt. Clemens, MI 48043</p>	<p><b>Clinic Hours</b> Tuesdays: 9:00 A.M. - 2:00 P.M. Wednesdays: 10:00 A.M. - 3:00 P.M. Fridays: 9:00 A.M. - 2:00 P.M.</p>	<p>(586) 469-3750</p>

❖ **Medical care for females not eligible for Healthy Kids\* or MIChild health insurance.** A connection with a Catholic Hospital will be made for medical care. Eligible females **do not** have to be Catholic nor be considering giving up the child for adoption to be eligible for services. Available from Catholic Services of Macomb\* - Project Life, (586) 416-2300.

**SITUATION: A female is pregnant and is in need of emergency financial assistance/resources.**

- ❖ **Project Life funds** are available and may be accessed through church funds, Project Life or local parishes regardless of faith. Available from Catholic Services of Macomb\*, (586) 416-2300 (Clinton Twp.) or (888) 4-BABY DUE.
- ❖ **Maternity clothes, baby layettes, infant clothing size 2 and smaller, high chairs, car seats, etc.** are available from the following pro-life organizations:

Birthright of Macomb County*, Utica	(586) 254-5930
Catholic Services of Macomb*	(586) 416-2300
Compassion Pregnancy* Clinton Twp.	(586) 783-9620

**SITUATION: An adolescent mother needs to establish paternity of her child.**

**Paternity can be established in several ways:**

1. If the mother is married at the time of conception, her husband is considered by law to be the father, unless a court has determined that the husband is not the father.
2. If the mother is not married at the time of conception or both, paternity can be established in two ways:
  - Both parents can voluntarily sign an Affidavit of Parentage form at the hospital at the time of birth free of charge; but a fee is required to change or add the father's name to the birth certificate. If paternity is not established at birth, contact the child support specialist at your county Department of Human Services for free help. You do not have to be on public assistance to seek help from the child support specialist.
  - A judge can declare a man the legal father of the child.

**SITUATION: An adolescent needs information on legal issues.**

- ❖ **Free or minimal cost legal advice by telephone** provides legal advice on legal concerns of teen parents including custody, paternity, child support, public benefits (FIP\*, child care, Healthy Kids\*, food assistance), Personal Protection Orders\*, birth certificates, limited guardianship for children, emancipation and divorce. Available from Legal Aid and Defender Association in Wayne County, with an office in Macomb County. Toll-free number: (877) 964-4700.

**SITUATION: An adolescent needs information on family planning.**

- ❖ **Information on contraceptive methods, pregnancy testing, pelvic and breast examination (Birth control supplies are available on a sliding fee scale\*)**. Available from:

Macomb County Health Department* - Family Planning Program, Mt. Clemens	(586) 469-5491
Planned Parenthood Warren	(586) 758-2100

**SITUATION: An adolescent suspects she is pregnant and needs pregnancy testing.**

Pregnancy testing is available from:

Macomb County Health Department* - Family Planning Program, Mt. Clemens	(586) 469-5491
Planned Parenthood, Warren	(586) 758-2100

**SITUATION: An adolescent is pregnant and needs options counseling.**

Options counseling is available from:

<b>MEDICAL FACILITIES OFFERING COUNSELING AND REFERRALS</b>	
Planned Parenthood*, Warren	(586) 758-2100
<b>NON-MEDICAL FACILITIES/PRO LIFE GROUPS OFFERING SUPPORT AND REFERRALS</b>	
Birthright of Macomb County*, Utica	(586) 254-5930
Compassion Pregnancy*, Clinton Twp.	(586) 783-9620
Women and Teens Pregnancy Center*, Warren	(586) 939-4357(HELP)

**SITUATION: An adolescent is pregnant and needs prenatal services.**

**❖ TO REFER TO THE MATERNAL INFANT HEALTH PROGRAM:**

Maternal and Infant Health Program services are specialized preventive services provided to pregnant women, mothers, and their infants who have Medicaid to help reduce infant deaths and illnesses.

Qualified Health Plans (QHPs) are required to provide Maternal and Infant Health Program services to their members when the services are determined to be medically necessary. Maternal and Infant Health Program services may require prior authorization from a QHP or its providers.

For a list of MIHP service providers, go to:

[http://www.michigan.gov/documents/DIR\\_151030\\_7.MSS.CBO.doc.pdf](http://www.michigan.gov/documents/DIR_151030_7.MSS.CBO.doc.pdf)

- ❖ **Paraprofessional outreach and advocacy services to eligible low income/high risk pregnant/postpartum females and infants up to one year of age experiencing difficulty in accessing health care services.** Available from the Macomb County Health Department\* Maternal Infant Health Advocacy Services (MIHAS), Mt. Clemens, (586) 469-5865.

**SITUATION: Adolescent parents wish to place their newborn infant in a safe haven.**

- ❖ **An anonymous safe haven for unwanted newborns** provides a place for parents to surrender their newborn if the child is less than three days old. The infant must be surrendered inside the building to an employee of a hospital, fire department or police station. The parent will only be asked to volunteer the child's medical history. The baby will be examined and then turned over to DHS for a foster home and prospective adoptive parents. The birth parent, whose rights to the child will be severed, will not be charged with child abandonment unless there is evidence of assault, neglect, or abuse. Parents will have 28 days after surrendering to petition the courts to regain custody. If one parent is initially unaware that the other has abandoned the infant, that parent may petition the State for custody. For more information about "Safe Delivery," call toll-free (866) 733-7733.

**SITUATION: A pregnant or post-partum adolescent needs nutrition services or food supplements.**

- ❖ **Nutrition education and supplemental food coupons for low-income pregnant females, new mothers, and children under age 5 who have medical or nutritional needs.** Available from the Macomb County Health Department\* - WIC\* (Women, Infants and Children\*) Supplemental Food Program, Mt. Clemens, (586) 469-5471 or New Haven Community Services, (586) 749-5173. .
- ❖ **Free nutritional education and consultation for Macomb County individuals and families.** There are no income guidelines. Available from the Macomb County Health Department\*, Mt. Clemens, (586) 469-5893.

- ❖ **Free in-home or small group instruction on basic nutrition, food buying and preparation skills, meal planning and budgeting.** Available from the MSU Extension\* - Expanded Food Nutrition Educational Program\* (EFNEP\*), (586) 469-6432.
- ❖ **Emergency Food** is available through various food pantries in Macomb County. Eligibility is determined by first calling the Macomb County Community Services Agency\*, (586) 469-6004 (Monday - Friday).
- ❖ **Free monthly food for pregnant and post partum women and children up to age 6 who do not receive WIC\*. Income guidelines: 185% of poverty level.** Available from Focus Hope. Eligibility determined locally by calling the Macomb County Community Services Agency\*, (586) 469-6964.

**SITUATION: An adolescent mother needs information on breast-feeding.**

- ❖ **Information and support for breast-feeding** is available from the La Leche League\*, (313) 427-0360.

**SITUATION: An adolescent parent needs instruction on how to use a car seat for an infant correctly.**

**Free car seat check by a certified child passenger technician** are available by appointment from:

Clinton Township	Macomb County Health Department	(586) 412-3398
	MedStar Ambulance	(586) 468-4475
	Clinton Township Police Department	(586) 493-7935
Fraser	Traffic Safety Association of Michigan	(586) 293-5880

Harrison Township	Harrison Township Fire Department	(586) 466-1450
Mt. Clemens	Macomb County Sheriff's Department	(586)469-7744
Roseville	Roseville Fire Department	(586) 445-5444
Shelby Township	Shelby Township Police Department	(586) 731-2121 ext. 4
Utica	Utica Police Department	(586) 731-2345
<b>For new sites in your area, call the Traffic Safety Association of Michigan at (586) 293-5880 or AAA, (586) 977-6663.</b>		

**SITUATION: An adolescent mother has an infant who needs immunizations.**

- ❖ **Free immunizations for Macomb County children and adults against the following diseases: diphtheria, influenza, pneumonia, tetanus, pertussis, measles, mumps, poliomyelitis, rubella, hemophilus influenza, Hepatitis B, or varicella (chicken pox).** Available from:

Macomb County Health Department*	Mt. Clemens	(586) 469-5372
Macomb County Health Department*	St. Clair Shores	(586) 465-9170
Macomb County Health Department*	Warren	(586) 465-8030

Immunization Hours: 8:30 A.M. - 5:00 P.M.  
**Evening hours available at the following times, locations:**  
 Mondays: 5:00 - 7:30 P.M. (St. Clair Shores)  
 Wednesdays: 5:00 - 7:30 P.M. (Mt. Clemens)  
 Thursdays: 5:00 - 7:30 P.M. (Warren)

**SITUATION: A pregnant or parenting adolescent needs vocational or employment services.**

❖ *Pregnant and parenting teens over the age of 16 by September 1 are eligible for adult education classes through local school districts. In addition, the following specialized program is available:*

**Free daytime classes for pregnant/parenting 16 - 20 year olds toward obtaining their high school diploma, including nutrition, teen parenting, life management issues.** Child care services are provided offsite. This program is within the alternative high school. The classes are incorporated into the teens' school schedule. For more information, contact North Lake High School, (586) 285-8780.

**SITUATION: A young couple wishes to get married.**

Persons under the age of 18 must have parental consent to enter into a marriage contract in the state of Michigan. If the youth is less than 15 years of age, he/she and his/her parent must go to Probate Court to start the process.

If the **youth is under 15 and does not have parental consent or only one parent's consent**, he/she must apply for a secret marriage license. A hearing date is set, approximately 14 days later. The parents are notified of the hearing and may give testimony. The judge's decision is based on the circumstances of the situation and testimony.

If the **youth is under 15 and has both parents' consent**, he/she applies for a secret marriage license and a hearing date may be set for that day. The judge's decision is based on the circumstances of the situation and testimony.

If the **youth is aged 16-18**, he/she must have parental consent to get married. They begin the process by going to the County Clerk Office, 1st Floor, Court Building in Mt. Clemens [(586) 469-5749 with their custodial parent to apply for a marriage license. The youth must bring in a certified copy of their birth certificate. The parent must bring in

their own picture identification (preferably a driver's license) and must sign a parental consent form in order for the youth to apply for the marriage license.

At least one applicant must appear to apply for a marriage license and show proper photo identification (driver's license). If one of the people who wishes to get married is underage, then the one who is underage must come in person to apply for the marriage license and bring a birth certificate. **For more information, call the Macomb County Clerk's Office, 40 N. Main, Mt. Clemens (586) 469-5210. Office hours: 8:30 A.M. - 4:30 P.M., Monday - Friday.**

**SITUATION: A young parent needs parenting education and support.**

### **PARENTING CLASSES FOR TEEN PARENTS**

- ❖ **Free parenting classes for pregnant teens or recent birth mothers aged 13 - 19.** Topics include: prenatal care, nutrition, child development, parent's self-awareness, appropriate behavior, management skills, communication skills, substance abuse and prevention. 8 sessions. Available from The Teen Pregnancy and Parenting Program at Macomb Family Services\*, (586) 468-2656.
- ❖ **Early Childhood STEP\*** is designed for parents with children under 6 years of age and focuses on temperament, stages of development, expectations and age appropriate behavior. There is a fee for the class and the cost of the book. (These fees are waived if the parents are on any form of public assistance. To get the fees waived, the client must have an up-to-date Medicaid\* card or a letter from their DHS\* worker stating that they are unable to pay for the classes). The book *Parenting Young Children* is available at local bookstores. The classes are two hours a week for eight weeks and are available quarterly from CARE\* - Parent/Family Program, (586) 541-0033 or visit their website at [www.careofmacomb.com](http://www.careofmacomb.com)



## ACKNOWLEDGEMENTS

This booklet has been developed from "*Making the Right Connection*", a project of the Macomb County Inter Agency Council and its Youth Council Subcommittee.

For the complete Resource Directory, please go to [www.misd.net/connection](http://www.misd.net/connection)





GREAT PARENTS MACOMB\*  
Serving families with children birth to age 5

For information on other resources for families of children  
age birth to 5 years, please call:

1.866.4MACOMB

1.866.464.2662

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