

A Nourished Student is a Learning Student!

This institution is an equal opportunity provider.

A Cold Menu Option is offered each day as a second choice.
 Monday: Soybutter & Jelly Sandwich & **Marinated Chickpea Salad** & **Carrots** & Yogurt (Grahams for older students)
 Tuesday: Chicken Chef Salad with 2 Dinner Rolls (Potato Salad for older students)
 Wednesday: Chicken Ranch Pita & **Carrot Raisin Salad** & **Broccoli Buds** and Ranch
 Thursday: Ham & Cheese Sandwich with mustard packet & **Marinated Tomato Salad** (Diced Cucumbers for older students)
 Friday: Turkey & Cheese Pita with salad dressing packet & **Tossed Salad** (Cucumber with Ranch for older students)

Sun Mon

Tue

Wed

Thu

Fri

Sat



5
Mozzarella Cheese Topped Breadstick
Marinara Sauce
Seasoned Peas
Fruited Jello

6
Whole Grain Cheese Ravioli
Seasoned Broccoli
Whole Grain Garlic Twiz Stick
Mixed Fruit Cup

7 **Chinese New Year Lunch**
Chicken Teriyaki Dumplings
Whole Grain Fried Rice
Far East Vegetable Blend
Mandarin Oranges

8
Breakfast For Lunch
Eggo Mini Confetti Pancakes
Turkey Sausage Patties
Tater Tots
Orange Juice
Carrots w/ Ranch

9
No School
Hungry Howie's Pepperoni Pizza
Tossed Salad w/ Ranch
Apple Slices
Mango Wango Juice

12
Whole Grain Mini Chicken Corn Dogs
Ketchup & Mustard
Potato Smiles
Corn & Carrots
Applesauce Mousse

13
Whole Grain Macaroni & Cheese
Whole Grain Dinner Roll
Seasoned Broccoli
Mixed Fruit

14
Beef Dippers
2 Whole Grain Rolls
Mixed Vegetables w/ Michigan Asparagus
Whipped Sweet Potatoes
Strawberry Kiwi 100% Juice

15
Whole Grain Chicken Patty on Whole Grain Bun
BBQ Sauce Packet
Dill Seasoned Carrots
Vegetarian Baked Beans
Diced Peaches

16
No School



19 & 20 Winter Break No School

21
Chicken Tenders
BBQ Sauce Packet
Whole Grain Breadstick
Seasoned Broccoli
Seasoned Corn
Spiced Pears

22
Mini Whole Grain Cheese Quesadillas
Refried Beans
Salsa
Diced Peaches
Older Students
Strawberry Banana Applesauce

23
Hungry Howie's Pepperoni Pizza
Tossed Salad w/ Ranch
Apple Slices
Mango Wango Juice

26
Hamburger on Whole Grain Bun
Peas & **Carrots**
Vegetarian Baked Beans
Ketchup & Mustard
Michigan Blueberry Parfait

27
Whole Grain Eggoji Waffles
Egg & Cheese Omelet
Hash Brown Rounds
Orange Juice
Baby Carrots w/ Ranch

28
Chicken Parmesan
Whole Grain Dinner Roll
Seasoned Broccoli
Warm Spiced Apples

29
Swedish Meatballs Served with **Mashed Potatoes** & Gravy
Seasoned Green Beans
Mixed Fruit
Whole Grain Garlic Twiz Stick

CHOICE of MILK INCLUDED WITH LUNCH

IMPORTANT!

Due to nationwide food shortages and supply chain issues, menus are subject to change depending on availability.



School closings due to inclement weather cause a change in the lunch menu. Please note that on the day of return, the snow day's menu will be used.