

## 2.9 PERSONAL CARE SERVICES

<b>Definition</b>	<p>Personal Care Services are a range of human assistance services provided to persons with disabilities and chronic conditions which enables them to accomplish tasks that they would normally do for themselves if they did not have a disability. Assistance may be in the form of hands-on assistance or cueing so that the person performs the task by him/her self.</p> <p>Personal Care Services may be provided when:</p> <ul style="list-style-type: none"><li>▪ The service is medically necessary.</li></ul> <p>Personal Care Services are not covered if they are:</p> <ul style="list-style-type: none"><li>▪ Provided by a family member. A family member is described by the Centers for Medicare &amp; Medicaid Services (CMS) to be "legally responsible relatives"; thus, spouses of beneficiaries and parents of minor beneficiaries (including stepparents who are legally responsible for minor children).</li><li>▪ Not documented in the IEP/IFSP.</li><li>▪ Educational in focus, such as tutoring, preparation of educational materials or Braille interpretation.</li><li>▪ Performed as a group service; however, one or more students may be served one-at-a-time sequentially.</li></ul> <p>Personal Care Services may include, but are not limited to, assisting with the following:</p> <ul style="list-style-type: none"><li>▪ Eating/feeding;</li><li>▪ Respiratory assistance;</li><li>▪ Toileting;</li><li>▪ Grooming;</li><li>▪ Dressing;</li><li>▪ Transferring;</li></ul>
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# Medicaid Provider Manual

	<ul style="list-style-type: none"> <li>▪ Ambulation;</li> <li>▪ Personal hygiene;</li> <li>▪ Mobility/Positioning;</li> <li>▪ Meal preparation;</li> <li>▪ Skin care;</li> <li>▪ Bathing;</li> <li>▪ Maintaining continence;</li> <li>▪ Assistance with self administered medications;</li> <li>▪ Redirection and intervention for behavior; and</li> <li>▪ Health related functions through hands-on assistance, supervision and cueing.</li> </ul>
<p><b>Personal Care Paraprofessional Provider Qualifications</b></p>	<p>The personal care paraprofessional personnel are employed in the Special Education Program and shall be qualified under the requirements established by their respective ISD plan. Providers must be trained in the skills needed to perform covered services, and must be under the direction of a qualified professional as designated in the IEP/IFSP. Paraprofessional personnel include:</p> <ul style="list-style-type: none"> <li>▪ Teacher Aides</li> <li>▪ Health Care Aides</li> <li>▪ Instructional Aides</li> <li>▪ Bilingual Aides</li> <li>▪ Program Assistants</li> <li>▪ Trainable Aides</li> </ul>
<p><b>Prescription</b></p>	<p>In accordance with 42 CFR 440.167, authorization for Personal Care Services (PCS) may be done by a physician or "other licensed practitioner" operating within the scope of their practice. The State definition of "other licensed practitioner" consists of Registered Nurse (RN), Licensed Occupational Therapist, Licensed Physical Therapist (PT), Master of Social Work (MSW), or ASHA-CCC Speech Language Pathologist (SLP). It is expected that personal care services will be authorized by the appropriate practitioner.</p>
<p><b>Documentation</b></p>	<p>Personal care services must be medically necessary and the need for the service must be documented in the student's IEP/IFSP. Each child's school clinical record must contain a completed, signed and dated monthly activity checklist. Service categories (i.e., toileting, feeding, transferring, etc.), times and frequencies must be documented either in the IEP/IFSP, in an attached document, or in the child's treatment authorization.</p>
<p><b>Procedure Codes</b></p>	<p>The following procedure code may be used to bill for personal care services.</p> <ul style="list-style-type: none"> <li>▪ <b>T1020</b> – Personal care services, per diem; not for an inpatient or resident of a hospital, nursing facility, ICF/MR or IMD; part of the individualized plan of treatment (code may not be used to identify services provided by home health aide or certified nurse assistant).</li> </ul>