

# Making the Connection

Thursday, December 19, 2019

South Lake Community Schools

## ST. CLAIR SHORES

# South Lake student chefs give back

By Anayla Henry ('21)

It's a sunny Sunday afternoon, not a dark cloud in sight, birds chirping and most students are sleeping, catching up on Netflix shows or scrambling to finish homework that's due Monday; but not the Black Hats. These dedicated, second year culinary students spent their time at the Farmers Market with their teacher, Chef Darrel Shepherd, creating new and different ideas to share with the community.

One of the most important events for the culinary students and staff is the St. Clair Shores Farmers Market. This year the student chefs featured the delicious quinoa entree. Quinoa, the edible seeds packed with protein have many health benefits

"I like quinoa unlike most people. Ours has a good flavor, its high in protein and low in fat. "Its really a healthy, tasty side dish or salad," said Darrel Shepherd.

South Lake started attending the market just three years ago and it quickly became a new tradition for the Black Hat students and staff. They made their first appearance when they were invited by Henry Bowman, Director of Parks and Recreation for the market.

"He called us right when it first took off, I decided this would be a great opportunity to showcase some of the skills that my students learned and to show off our second year kids."

Although South Lake culinary attended the previous three years as vendors, this year they did a cooking



Senior Jeremy Marochek prepares ingredients at the St. Clair Shores Farmers Market.

class and gave out samples. "This furthers our objective to get the Bistro name out there with the community members to show how great students our are," commented Shepherd.

The Bistro is South Lake's own student-run restaurant. By attending these different programs it gives them a head start on some new ideas that can bring to their restaurant and how to interact with people to make their customer service even better this year. Black Hat Daniel Westervelt is very excited about the reopening of the restaurant this year

"I'm excited to finally be open to the public with our new food ideas, new people, and getting a chance to showcase our talent," says Westervelt.

Yet the South Lake Bistro is a program in transition. Amy Saunders is replacing longtime assistant Marsha Salmone. Even with the changes, the Bistro has maintained the great quality and customer service it

is known for.

"Change is wonderful, the skill set that Ms. Saunders brings to the Bistro is different and brings change to the position and every day we go and get better together," says Shepherd.

Saunders is excited to start her new position and is happy to have a different responsibility. "I'm excited, I enjoy the new position, it's change in responsibility, I enjoy the trust and confidence that has in me and how Chef allows me to make changes."

Although the bistro has a lot of change this year South Lake's very own student Nick Saunders had to adapt to change the most. With his mother accepting her new role one might think this has presented challenges. This does not seem to be the case.

"I like my mom working here, she has a better opportunity and when I need her I can go see her and when I'm hungry she can give me snacks," commented Nick.



SUBMITTED PHOTOS

Above, Black Hats Daniel Westervelt ('21) and Michael (Evan) Taber prepare ingredients at the St. Clair Shores Farmers Market. Below, chef Darrel Shepherd gives direction to Senior Michael (Evan) Taber at the market.



## ST. CLAIR SHORES

# What's new at C-2? A favorite program welcomes a new leader.

By Jessica Pruitt ('21)

At South Lake High School students have many career and vocational opportunities, and the Wayne State sponsored career technology program is one of the best. C2 Pipeline, a 21st century community learning center funded through the Michigan Department of Education, is a college to career pipeline facilitated by first year site coordinator Darren Eason.

"This program gives students the opportunity to get a hands-on learning experience in different career fields," says Eason. "It came about because students were going to college and dropping out because they didn't know what they wanted to do."

C2 pipeline is primarily an after school program through Wayne State University. The Wayne State program, which has been a staple at South Lake for eight years, provides a meal for students as well as many after school and during lunch activities. C2 Pipeline is also linked to the school's robotics team. They have a

partnership through the STEM program; they help with curriculum and to help fund team expenses.

The program has stringent state guidelines that demand accountability. Every student, regardless of other after school obligations must participate at least 31 days each semester. In addition, to ensure state funding, Eason and his staff must ensure that all students show academic growth,

When Mr. Eason took over the program this year, he had several goals that included more field trips, starting a newspaper but most importantly creating a hands-on community experience for his kids.

This last goal was realized in October with C-2 Pipeline's first annual haunted house. The haunted house became an idea because of a festival for afterschool programs called lights on afterschool. Instead of a party they decided to have a haunted house and raise money for Adopt a Family, a South Lake holiday program where staff and stu-



SUBMITTED PHOTO BY GRACE OSMIALOWSKI ('20)

C-2 Pipeline coordinator Darren Eason plays chess with Nick Persley ('20) during lunch.

dents raise money to help needy families in the district.

Justin Jones, the president of C2 pipeline, created the outline of the haunted house. He made the maze and fellow juniors, Steven Monroe and Keleb Williams built the walls. Twenty seven of the 63 Pipeline students helped set up and participate in the haunted house. They raised \$257 and has donated the money to

Adopt a Family. "We spent close to a month planning and building the haunted house. It went better than expected and we plan on doing it again next year," junior Marvin McAllister and current member of C-2 Pipeline shares.

C-2 also gives students the opportunity to go on field trips throughout the school year to explore career options. They recently

went on a tour of different medical programs offered by Wayne State at The Eugene Applebaum College of Pharmacy and Health Sciences called Apple Day's. Students learned about how to become a physician assistant, they also learned how to become an anesthesiologist and had a hands on demonstration on how anesthesia works. Lastly, they went to the school of physicians, where they learned

the history of pharmacy and participated in a drunk driving simulation.

Senior Emily Rybick shares, "It was awesome and a great learning experience!!! I wish this wasn't my last year."

It doesn't stop there though. The students can also sign up for the C-2 Pipeline Summer camp. They get to go live on the campus, in a dorm, for one to three weeks. The students will have a cool understanding of how college works all while learning about different career fields they're interested in.

"I went for computer coding so I can help code for the Robotics team, my favorite part was meeting new people and becoming a part of their community. I plan on going back this summer!!!" sophomore Emma Orzechowski member of C-2 pipeline and Robotics said.

C-2 Pipeline is 60 students strong and growing. Reflecting on his first quarter in the position, Eason says, "the haunted house was a huge success and we have so much in store!"

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