

WARREN

# Fitzgerald High School Prepares Students for a Career in Physical Therapy

By Shazmina Ahmed and Baylee Byrd

Out of the many Career and Technical Education programs offered at Fitzgerald High school, one program that stands out is Physical Therapy. Otherwise known as PT, Physical Therapy is the treatment of disease, injury, or deformity by physical methods such as massage, heat treatment, and exercise rather than by drugs or surgery. This program is divided into two years—Physical Therapy Professional I and Physical Therapy Professional II. These courses teach students how to be able to help the injured along with providing opportunities to explore options in injury prevention both in the classroom and the community. Taking this class gives students who are interested in a career as a Physical Ther-

apy Professional/Aide an opportunity to explore this career field as a future option.

There are six different types of physical therapy: Pediatric, Geriatric, Vestibular, Neurological, Orthopedic, and Cardiovascular/Pulmonary. These six professions are all covered in the program exposing students to a well rounded introduction to career options in health care and rehabilitation. Like in any profession, physical therapy requires extensive schooling and several hours of training. Thankfully, having this program in our school greatly helps students by strengthening PT skills under the direct supervision of a Physical Therapist or Physical Therapy Assistant.

Additional, this class is a part of the Southwest Macomb Technical Education Consortium. This means

this program is also offered to students attending other local high schools. One consortium student of Centerline High School, Dominic Valencia says, "I enjoy attending another school for a class and I made many friends here. I've learned a lot and it can help me greatly in the future. I recommend everyone to take this class."

Shahina Begum, a student that attends Fitzgerald High School says, "Physical Therapy is unlike any other class. In this course, we do several hands on activities and labs that teaches us how to help people with disabilities and/or pain. We compete in competitions like HOSA and can possibly go to state then nationals. This class is also great because we can make friends from other schools and know more about each other."



SUBMITTED PHOTO

Physical Therapy II students Caylinn Higgins, Treaver Gibbs, Colton Haberek, Aaron Pope, Terry Phillips, and Je'kala Ashburn work on rehabilitation skills.

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# The World of Medicine at Fitzgerald High School

By Sara Shamoon and Marzia Tasnim

Fitzgerald High School offers a countless number of classes that helps prepare its students for the real world in potential work fields. Pharmacy is among the multitude of classes that the CTE program provides. Pharmacy is a full year course that teaches the practice of the preparation and dispensing of medicinal drugs. Students learn how to fill up stock bottles the proper way, do dosage calculations, learn abbreviations for prescriptions, and many other key factors in the field. Students admire this class for its hands on experience, and even if you do not plan on becoming a pharmacy technician, it can still prepare you for other jobs in the medical field. Once the course is completed and you are eighteen years of age you have the chance to take the pharmacy technician certification exam. This test offers you a chance to become a board certified pharmacy technician able to get a job at any pharmacy you plan to apply to. For those students who are still under the age of eighteen, they have an opportunity to get internships at different pharmacies like Walgreens or CVS.



SUBMITTED PHOTO

Olivia Morcos, Thangina Akther, and Ripa Begum learn the proper way to count medication.

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# It's All About (The) H.O.S.A.!

By: Merna Mikha and Celina Yang

Fitzgerald is very proud to announce that 43 students participated in the H.O.S.A. regional competition of 2019. H.O.S.A. stands for Health Occupations Students of America, which is a national career and technical student organization. This organization helps develop leadership and technical skills through a program of motivation, awareness, and recognition.

H.O.S.A. is an amazing program that introduces possible occupations in the medical field. 43 students from Fitzgerald attended this year, and we are proud to say that 25 students are advancing to states! A few departments Fitzgerald

students competed in are: Behavioral Health, Veterinary Science, Medical Law and Ethics, Medical Math, Medical Terminology, and Pharmacy Science. Fitzgerald has an amazing pharmacy class that helps prepare for H.O.S.A. as well as possible medical professions! H.O.S.A. is a great opportunity and introduction to the medical field for students who are interested in the medical profession.

We are very proud of everyone who attended as well as their dedication to their chosen department. We are very pleased with the Spartans who attended and competed at H.O.S.A. 2019.

Congratulations to everyone who attended and placed, good luck at states!



SUBMITTED PHOTO

Pharmacy Teacher Kristin Johnson stands along regional winners Olivia Morcos, Taaseen Kibria, Ruhena begum, and Janelle Jean-Baptiste. Congratulations to all the regional winners!

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Fitzgerald Public Schools  
Fraser Public Schools  
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New Haven Community Schools

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