

Neil Reid Lunch Menu

January 2024

Monday, January 1

No School

Tuesday, January 2

No School

Wednesday, January 3

Whole Grain Chicken Nuggets
Whole Grain Dinner Roll
BBQ Sauce Packet
Seasoned Broccoli
Diced Pear Cup

Thursday, January 4

Inside out Burger on a Whole Wheat Bun
Vegetarian Baked Beans
Seasoned Corn
Diced Peaches

Friday, January 5

Hungry Howie's Pepperoni Pizza
Tossed Salad with Ranch
Apple Slices
Baby Carrots
Older Students Cheddar Cheese Stick and
Fruit Punch

Monday, January 8

Stuffed Cheese
Breadsticks
Marinara Sauce
Seasoned Peas
Spiced Pears
Older Students Graham Cracker

Tuesday, January 9

Chicken Fajitas
2 Whole Grain Tortillas with
Shredded Cheddar Cheese
Shredded Lettuce
Refried Beans
Salsa Cup
Strawberry Cup
Older Students Grape Juice

Wednesday, January 10

Whole Grain Rotini Beef Pasta Bake (1/2 red)
Seasoned Broccoli (1/2)
Whole Grain Breadstick
Mixed Fruit Cup
Older Students Extra Serving of Broccoli and
Second Breadstick

Thursday, January 11

Whole Grain Chicken Patty on Whole Grain
Bun
BBQ Sauce Packet
Seasoned Green Beans
Seasoned Carrots
Diced Peaches

Friday, January 12

Hungry Howie's Pepperoni Pizza
Tossed Salad with Ranch
Apple Slices
Mango Wango Juice
Older Students Cheddar Cheese Stick and
Second Bag of Apples

Monday, January 15

No School

Tuesday, January 16

Whole Grain Penne Pasta with Alfredo
Sauce
Whole Grain Breadstick
Seasoned Broccoli
Roasted Carrots
Mixed Fruit

Wednesday, January 17

Beef Dippers
2 Whole Grain Rolls
Mixed Vegetables
Whipped Sweet Potatoes
Strawberry Kiwi 100% Juice
Older Students Fresh Banana

Thursday, January 18

Sloppy Joes on a Whole Wheat Bun
Edamame Corn Salad
Green Beans
Diced Peaches
Older Students President Whole Grain
Cookies

Friday, January 19

Hungry Howie's Pepperoni Pizza
Tossed Salad with Ranch
Apple Slices
Baby Carrots
Older Students Cheddar Cheese Stick and
Fruit Punch

Monday, January 22

Hamburger on Whole Grain Bun
Peas and Carrots
Vegetarian Baked Beans
Ketchup and Mustard
Strawberry Parfait

Tuesday, January 23

Whole Grain Bean and Cheese Burrito
Corn with Peppers
Salsa
Diced Peaches
Older Students Dragon Punch

Wednesday, January 24

Chicken Parmesan
Whole Grain Dinner Roll
Seasoned Broccoli
Spiced Pears
Older Students Fresh Banana and Second
Dinner Roll

Thursday, January 25

Salisbury Steak
Mashed Potatoes and Low Sodium Gravy
Seasoned Carrots
Mixed Fruit Cup
Whole Grain Garlic Twiz Stick

Friday, January 26

Hungry Howie's Pepperoni Pizza
Tossed Salad with Ranch
Apple Slices
Mango Wango Juice
Older Students Cheddar Cheese Stick and
Second Bag of Apples

Monday, January 29

Whole Grain Chicken Nuggets
Whole Grain Dinner Roll
BBQ Sauce Packet
Seasoned Broccoli
Diced Pear Cup

Tuesday, January 30

Honey BBQ Chicken Meatballs
Whole Grain Corn Bread Poppers
Baked Squash
Mixed Fruit

Wednesday, January 31

Mini Whole Grain Cheese Quesadillas
Refried Beans
Salsa
Diced Peaches

Thursday, February 1

Breakfast For Lunch
Eggo Mini Confetti Pancakes
Turkey Sausage Patties
Tater Tots
Orange Juice
Carrots with Ranch
Older Students Fresh Banana

Friday, February 2

Hungry Howie's Pepperoni Pizza
Tossed Salad with Ranch
Apple Slices
Baby Carrots
Older Students Cheddar Cheese Stick and
Fruit Punch

NOTES:

Choice of Milk Included with Lunch

Each day cold options are offered:

Turkey chef salad, veggie chef salad, or ham chef salad

Tukey and cheese sub or ham and cheese sub

Assorted fruits and fresh vegetables offered daily

Due to nationwide food shortages and supply chain issues, menus are subject to change depending on availability.

This institution is an equal opportunity provider.