

A Nourished Student is a Learning Student!

This institution is an equal opportunity provider.

EACH DAY COLD OPTIONS ARE OFFERED
TURKEY CHEF SALAD, VEGGIE CHEF SALAD, OR HAM CHEF SALAD
TURKEY & CHEESE SUB OR HAM & CHEESE SUB
ASSORTED FRUITS AND FRESH VEGETABLES OFFERED DAILY

Sun Mon

Tue

Wed

Thu

Fri

Sat

8
Stuffed Cheese
Breadsticks
Marinara Sauce
Seasoned Peas
Spiced Pears

Older Students
Graham Cracker

15
No School



22
Hamburger on Whole Grain Bun
Peas & Carrots
Vegetarian Baked Beans
Ketchup & Mustard
Strawberry Parfait

29
Whole Grain Chicken Nuggets
Whole Grain Dinner Roll
BBQ Sauce Packet
Seasoned Broccoli
Diced Pear Cup

9
Chicken Fajitas
2 Whole Grain Tortillas w/
Shredded Cheddar Cheese
Shredded Lettuce
Refried Beans
Salsa Cup
Strawberry Cup

Older Students
Grape Juice

16
Whole Grain Penne Pasta w/
Alfredo Sauce
Whole Grain Breadstick
Seasoned Broccoli
Roasted Carrots
Mixed Fruit

23
Whole Grain Bean &
Cheese Burrito
Corn with Peppers
Salsa
Diced Peaches

Older Students
Dragon Punch

30
Honey BBQ Chicken
Meatballs
Whole Grain Corn Bread Pop-
pers
Baked Squash
Mixed Fruit

10
Whole Grain Rotini Beef
Pasta Bake (1/2 red)
Seasoned Broccoli (1/2)
Whole Grain Breadstick
Mixed Fruit Cup

Older Students
Extra Serving of Broccoli
Second Breadstick

17
Beef Dippers
2 Whole Grain Rolls
Mixed Vegetables
Whipped Sweet Potatoes
Strawberry Kiwi 100% Juice

Older Students
Fresh Banana

24
Chicken Parmesan
Whole Grain Dinner Roll
Seasoned Broccoli
Spiced Pears

Older Students
Fresh Banana
Second Dinner Roll

31
Mini Whole Grain Cheese
Quesadillas
Refried Beans
Salsa
Diced Peaches

11
Whole Grain Chicken Patty on
Whole Grain Bun
BBQ Sauce Packet
Seasoned Green Beans
Seasoned Carrots
Diced Peaches

18
Sloppy Joes
on a Whole Wheat Bun
Edamame Corn Salad
Green Beans
Diced Peaches

Older Students
President Whole Grain Cookies

25
Salisbury Steak
Mashed Potatoes and
Low Sodium Gravy
Seasoned Carrots
Mixed Fruit Cup
Whole Grain Garlic Twiz Stick

1
Breakfast For Lunch
Eggo Mini Confetti Pancakes
Turkey Sausage Patties
Tater Tots
Orange Juice
Carrots w/ Ranch

Older Students
Fresh Banana

12
Hungry Howie's Pepperoni
Pizza
Tossed Salad w/ Ranch
Apple Slices
Mango Wango Juice

Older Students
Cheddar Cheese Stick
Second Bag of Apples

19
Hungry Howie's Pepperoni
Pizza
Tossed Salad w/ Ranch
Apple Slices
Baby Carrots

Older Students
Cheddar Cheese Stick
Fruit Punch

26
Hungry Howie's Pepperoni
Pizza
Tossed Salad w/ Ranch
Apple Slices
Mango Wango Juice

Older Students
Cheddar Cheese Stick
Second Bag of Apples

2
Hungry Howie's Pepperoni
Pizza
Tossed Salad w/ Ranch
Apple Slices
Baby Carrots

Older Students
Cheddar Cheese Stick
Fruit Punch

**CHOICE of
MILK
INCLUDED
WITH
LUNCH**

IMPORTANT

Due to
nationwide food
shortages and
supply chain
issues, menus
are subject to
change
depending on
availability.