

A Nourished Student is a Learning Student!

This institution is an equal opportunity provider.

EACH DAY COLD OPTIONS ARE OFFERED
TURKEY CHEF SALAD, VEGGIE CHEF SALAD, OR HAM CHEF SALAD
TURKEY & CHEESE SUB OR HAM & CHEESE SUB
ASSORTED FRUITS AND FRESH VEGETABLES OFFERED DAILY

Su	Mon	Tue
	4	5
		Whole Grain Breaded Chicken Tenders BBQ Sauce Packet Seasoned Broccoli Diced Pear Cup Whole Grain Cheez Its
	11	12
	Stuffed Cheese Breadsticks Marinara Sauce Seasoned Peas Strawberry Parfaits	Whole Grain Rotini Beef Pasta Bake Seasoned Broccoli Whole Grain Garlic Twiz Stick Mixed Fruit Cup
	18	19
	Whole Grain Mini Chicken Corn Dogs Ketchup & Mustard Seasoned Corn Pumpkin Pudding Mixed Fruit	Reduced Fat Macaroni & Cheese Served with Whole Grain Breadstick Seasoned Broccoli Dill Seasoned Carrots Cinnamon Applesauce
	25	26
	Hamburger on Whole Grain Bun Corn & Carrots Veggie Baked Beans Applesauce Mousse	Whole Grain Bean & Cheese Burrito Corn with Peppers Salsa Diced Peaches

Due to the holiday, the cold lunch choice for the 5th will be a soybutter & jelly sandwich, carrots, hummus, yogurt, applesauce, Whole Grain Cheez Its

Wed
6 BREAKFAST FOR LUNCH
Eggo Mini Confetti Pancakes Turkey Sausage Patties Tater Tots Orange Juice Baby Carrots w/ Ranch Fresh Banana
13
Reduced Fat Taco Meat and Cheese Sauce Whole Grain Tortilla Chips Refried Beans Salsa Strawberry Cup Peach Cup
20
Beef Dippers 2 Whole Grain Rolls Mixed Vegetables Whipped Sweet Potatoes Strawberry Kiwi 100% Juice Fresh Banana
27
Chicken Parmesan Whole Grain Roll Seasoned Broccoli Seasoned Green Beans Spiced Pears Fresh Banana

Thu
7
Inside out Burger on a Whole Wheat Bun Vegetarian Baked Beans Diced Peaches
14
Whole Grain Chicken Patty on Whole Grain Bun BBQ Sauce Green Beans Diced Peaches Whole Grain Goldfish Crackers
21
Sloppy Joes on a Whole Wheat Bun Edamame Corn Salad Green Beans Diced Peaches Whole Grain President Cookies
28
Whole Grain Eggoji Waffles Egg & Cheese Omelet Cinnamon Applesauce Hash Brown Rounds Carrots w/ Ranch

Fri
8
Hungry Howie's Pepperoni Pizza Tossed Salad w/ Ranch Apple Slices Fresh Tomatoes Colby Cheese Cubes Fruit Punch
15
Hungry Howie's Pepperoni Pizza Tossed Salad w/ Ranch Apple Slices (2) Bags Dragon Punch Juice Colby Cheese Cubes
22
Hungry Howie's Pepperoni Pizza Tossed Salad w/ Ranch Apple Slices Fresh Tomatoes Colby Cheese Cubes Fruit Punch
29
No School

Sat

CHOICE of MILK INCLUDED WITH LUNCH

IMPORTANT

Due to nationwide food shortages and supply chain issues, menus are subject to change depending on availability.