



## Youth Suicide and Self-Harm Prevention: 2017 Resource Guide



Organizations  
Policy and Legislation  
Evidence-Based Practices  
Program Planning  
Campaigns  
Data and Research  
Resources and Publications

- Bullying
- Family
- Electronic, Social, and Mass Media
- Mental Health
- Schools
- Substance Use
- Self-Harm
- LGBTQ Youth
- American Indian/Alaska Native Youth
- Rural Youth

Suicide is the second leading cause of death for U.S. children and youth ages 10 through 24, claiming an average of 5,390 lives per year (Centers for Disease Control and Prevention, WISQARS Leading Cause of Death, Ages 10–24, 2011–2015). The CDC's 2015 Youth Risk Behavior Survey (YRBS) found that 17.7 percent of high school students seriously considered attempting suicide within the past year and 8.6 percent had attempted suicide within the past year.

This guide divides selected resources into seven main sections: (1) Organizations, (2) Policy and Legislation, (3) Evidence-Based Practices, (4) Program Planning, (5) Campaigns, (6) Data and Research, and (7) Resources and Publications. There are subsections on (1) Bullying; (2) Family; (3) Electronic, Social, and Mass Media; (4) Mental Health; (5) Schools; (6) Substance Use; (7) Self-Harm; (8) LGBTQ Youth; (9) American Indian/Alaska Native Youth; and (10) Rural Youth. Each topic-specific section contains organizations, webpages, evidence-based practices, workshops, toolkits, reports, fact sheets, archived webinars, and journal articles, which appear in that order.

## Organizations

**American Association of Suicidology (AAS)**

<http://www.suicidology.org>

**American Foundation for Suicide Prevention (AFSP)**

<http://www.afsp.org>

**Contact USA (CUSA)**

<http://www.contact-usa.org>

**Crisis Text Line**

<http://www.crisistextline.org>

**The Injury Center at the Centers for Disease Control and Prevention (CDC)**

CDC's Injury Center: <http://www.cdc.gov/injury/index.html>

Suicide Prevention: <http://www.cdc.gov/violenceprevention/suicide/index.html>

**Injury Control Research Center for Suicide Prevention (ICRC-S)**

<http://suicideprevention-icrc-s.org>

**The Jason Foundation, Inc. (JFI)**

<http://www.jasonfoundation.com>

**The Jed Foundation**

<http://www.jedfoundation.org>

**National Action Alliance for Suicide Prevention (Action Alliance)**

<http://actionallianceforsuicideprevention.org>

**National Alliance on Mental Illness (NAMI)**

<http://www.nami.org>

**National Association of Crisis Organization Directors (NASCOD)**

<http://www.nascod.org>

**The National Suicide Prevention Lifeline**

<http://www.suicidepreventionlifeline.org>



**SPRC • Suicide Prevention Resource Center**

**Suicide Prevention Resource Center (SPRC)**

Funded by the Substance Abuse and Mental Health Services Administration, SPRC is a resource center devoted to advancing the National Strategy for Suicide Prevention. SPRC provides technical assistance, training, and materials to increase the knowledge and expertise of suicide prevention practitioners and other professionals serving people at risk for suicide, and it promotes collaboration among a variety of organizations in the field of suicide prevention.

SPRC provides staffing, administrative, and logistical support to the Secretariat of the [National Action Alliance for Suicide Prevention \(Action Alliance\)](#), the public-private partnership dedicated to advancing the National Strategy for Suicide Prevention.

SPRC also provides support for [Zero Suicide](#), an initiative based on the foundational belief that suicide deaths of individuals under care within health and behavioral health systems are preventable. The initiative provides information, resources, and tools for safer suicide care.

<http://www.sprc.org>

**Substance Abuse and Mental Health Services Administration (SAMHSA)**

<http://www.samhsa.gov/suicide-prevention>

**Suicide Awareness Voices of Education (SAVE)**

<http://www.save.org>

**The Trevor Project**

<http://www.thetrevorproject.org>



## ***Policy & Legislation***

**National Strategy for Suicide Prevention: Goals and Objectives for Action | Action Alliance and U.S. Surgeon General (2012)**

<http://www.surgeongeneral.gov/library/reports/national-strategy-suicide-prevention/full-report.pdf>

**Garrett Lee Smith Memorial Act**

<http://www.sprc.org/grantees>

**Training Health Professionals | AFSP**

<https://afsp.org/our-work/advocacy/public-policy-priorities/training-health-professionals>

**State Laws: Suicide Prevention in Schools (K-12) | AFSP (2016)**

<http://afsp.org/wp-content/uploads/2016/04/Suicide-Prevention-in-Schools-Issue-Brief.pdf>

## ***Evidence-Based Practices***

**National Registry of Evidence-Based Programs and Practices (NREPP) | SAMHSA**

<http://www.samhsa.gov/nrepp>

**Evidence-Based Prevention | SPRC**

<http://www.sprc.org/keys-success/evidence-based-prevention>

## ***Program Planning***

**Zero Suicide**

<http://zerosuicide.sprc.org>

**Framework for Effective Suicide Prevention | SPRC**

<http://www.sprc.org/effective-suicide-prevention>

**A Strategic Planning Approach to Suicide Prevention | SPRC**

<http://training.sprc.org/enrol/index.php?id=7>

**Choosing and Implementing a Suicide Prevention Gatekeeper Training Program | SPRC**

<http://training.sprc.org/enrol/index.php?id=4>

## State Suicide Prevention Planning | CDC (2008)

<http://www.cdc.gov/violenceprevention/pdf/state-suicide-prevention-planning-brief.pdf>

## Campaigns

### Half of Us Campaign

<http://www.halfofus.com>

### Know the Signs

<http://www.suicidepreventable.org>

### The Suicide-Proofing Initiative

<http://suicideproof.org>

### U Matter Campaign

<http://www.umatterucangethelp.com>



## Data and Research

### AAS Suicide Fact Sheets

<http://www.suicidology.org/resources/facts-statistics>

### State Fact Sheets | AFSP

<https://afsp.org/about-suicide/state-fact-sheets>

### Increase in Suicide in the U.S., 1999–2014 | CDC (2016)

Curtin, S. C., Warner, M., & Hedegaard, H.

<http://www.cdc.gov/nchs/products/databriefs/db241.htm>

### State Estimates of Past Year Serious Thoughts of Suicide among Young Adults | SAMHSA (2016)

Lipari, R. N., Hughes, A., & Williams, M.

[http://www.samhsa.gov/data/sites/default/files/report\\_2387/ShortReport-2387.pdf](http://www.samhsa.gov/data/sites/default/files/report_2387/ShortReport-2387.pdf)

### [Fact Sheet] Trends in the Prevalence of Suicide-Related Behaviors. National YRBS: 1991–2013 | CDC (2014)

[http://www.cdc.gov/healthyouth/data/yrbs/pdf/trends/us\\_suicide\\_trend\\_yrbs.pdf](http://www.cdc.gov/healthyouth/data/yrbs/pdf/trends/us_suicide_trend_yrbs.pdf)

### Suicide Attempts Presenting to Trauma Centers: Trends across Age Groups Using the National Trauma Data Bank | American Journal of Emergency Medicine (2016)

Mathews, E. M., Woodward, C. J., Musso, M. W., & Jones, G. N. 34(8): 1620–1624.

<http://dx.doi.org/10.1016/j.ajem.2016.06.014>

### Suicide Trends among Persons Aged 10–24 Years — U.S., 1994–2012 | CDC MMWR (2015)

Sullivan, E. M., Annet, J. L., Simon, T. R., Luo, F., & Dahlberg, L. L. 64(8): 201–205.

[http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6408a1.htm?s\\_cid=mm6408a1\\_e](http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6408a1.htm?s_cid=mm6408a1_e)

**Suicide Trends Among Elementary School-Aged Children in the U.S. from 1993 to 2012 | JAMA Pediatrics (2015)**  
Bridge, J. A., Asti, L., Horowitz, L. M., Greenhouse, J. B., Fontanella, C. A., Sheftall, A. H., Kelleher, K. J., & Campo, J. V. 10(1), 78–84.

<https://doi.org/10.1001/jamapediatrics.2015.0465>

## **Resources and Publications**

**State Suicide Prevention Plans | SPRC**

<http://www.sprc.org/states>

**Continuity of Care for Suicide Prevention and Research | SPRC (2011)**

[http://www.sprc.org/library\\_resources/items/continuity-care-suicide-prevention-and-research](http://www.sprc.org/library_resources/items/continuity-care-suicide-prevention-and-research)

**Effect of the Garrett Lee Smith Memorial Suicide Prevention Program on Suicide Attempts Among Youths | JAMA Psychiatry (2015)**

Garazza, L. G., Walrath, C., Goldston, D. B., Reid, H., & McKeon, R. 71(11): 1143–1149.

<http://doi.org/10.1001/jamapsychiatry.2015.1933>

**Emergency Department Visits for Drug-Related Suicide Attempts Involving Antidepressants More Likely to Result in Follow-up Care among Adolescents | SAMHSA (2012)**

<http://www.samhsa.gov/data/sites/default/files/Spot092AdolSuicideAntidep2012/Spot092AdolSuicideAntidep2012.pdf>

**Helping Callers to the National Suicide Prevention Lifeline Who Are at Imminent Risk of Suicide: The Importance of Active Engagement, Active Rescue, and Collaboration Between Crisis and Emergency Services | Suicide and Life-Threatening Behavior (2015)**

Draper, J., Murphy, G., Vega, E., Covington, D. W., & McKeon, R. 45(3): 261–270.

<http://dx.doi.org/10.1111/sltb.12128>

**Impact of the Garrett Lee Smith Youth Suicide Prevention Program on Suicide Mortality | American Journal of Public Health (2014)**

Walrath, C., Garraza, L. G., Reid, H., Goldston, D. B., & McKeon, R. 105(5): 986–993.

<http://dx.doi.org/10.2105/AJPH.2014.302496>

**Suicide and Suicide Attempts in Adolescents | Pediatrics (2016)**

Shain, B.

<http://dx.doi.org/10.1542/peds.2016-1420>

**[Webinar] Youth Suicide Prevention Community of Practice: The Connections between Adolescent Brain Development and Suicide Prevention | Children's Safety Network (2012)**

<http://www.childrenssafetynetwork.org/webinar/youth-suicide-prevention-community-practice-connections-between-adolescent-brain-development>



**Improving Suicide Risk Screening and Detection in the Emergency Department | American Journal of Preventative Medicine (2016)**

Boudreaux, E. D., Camargo, C. A., Arias, S. A., Sullivan, A. F., Allen, M. H., Goldstein, A. B., et al. 50(4): 445–453.  
<http://dx.doi.org/10.1016/j.amepre.2015.09.029>

**Racial Differences in Adolescents' Answering Questions about Suicide | Death Studies (2015)**

Anderson, L. M., Lowry, L. S., & Wuensch, K. L. 39(10): 600–604.  
<http://dx.doi.org/10.1080/07481187.2015.1047058>

**The Relationship Between Negative Life Events and Suicidal Behavior | Crisis (2013)**

Rowe, C. A., Walker, K. L., Britton, P. C., & Hirsch, J. K. 34(4): 233–241.  
<http://dx.doi.org/10.1027/0227-5910/a000173>

**Risk Factors and Characteristics of Suicide Attempts Among 381 Suicidal Adolescents | Acta Paediatrica (2016)**

Hedeland, R. L., Teilmann, G., Jørgensen, M. H., Thiesen, L. R., & Anderson, J. 105(10): 1231–1238.  
<http://dx.doi.org/10.1111/apa.13458>

**Risk Factors of Suicide and Depression among Asian American, Native Hawaiian, and Pacific Islander Youth: A Systematic Literature Review | Journal of Health Care for the Poor and Underserved (2015)**

Wyatt, L. C., Ung, T., Park, R., Kwon, S. C., & Trinh-Shevrin, C. 26(2): 191–237.  
<http://dx.doi.org/10.1353/hpu.2015.0059>

**Social Aspects of Suicidal Behavior and Prevention in Early Life: A Review | International Journal of Environmental Research and Public Health (2012)**

Amitai, M., & Apter, A. 9(3): 985–994.  
<http://dx.doi.org/10.3390/ijerph9030985>

**Suicide Prevention: An Emerging Priority for Health Care | Health Affairs (2016)**

Hogan, M. F., & Grumet, J. G. 35(6): 1084–1090.  
<http://dx.doi.org/10.1377/hlthaff.2015.1672>

**Suicide in Young Men | The Lancet (2012)**

Pitman, A., Krysinska, K., Osborn, D., & King, M. 379(9834): 2383–2392.  
[http://dx.doi.org/10.1016/S0140-6736\(12\)60731-4](http://dx.doi.org/10.1016/S0140-6736(12)60731-4)

**Therapeutic Interventions for Suicide Attempts and Self-Harm in Adolescents: Systematic Review and Meta-Analysis | Journal of The American Academy of Child and Adolescent Psychiatry (2014)**

Ougrin, D., Tranah, T., Stahl, D., Moran, P., & Asarnow, J. R. 54(2): 97–107.  
<http://dx.doi.org/10.1016/j.jaac.2014.10.009>

***Bullying and Youth Suicide***

**Bullying and Suicide | SAMHSA**

<http://www.samhsa.gov/suicide-prevention/bullying>



**The Relationship Between Bullying and Suicide: What We Know and What It Means for Schools | CDC (2014)**  
<http://www.cdc.gov/violenceprevention/pdf/bullying-suicide-translation-final-a.pdf>

**[Webinar] Youth Suicide Prevention Community of Practice: The Mental Health Consequences of Bullying | Children's Safety Network (2012)**  
<https://www.childrenssafetynetwork.org/webinar/youth-suicide-prevention-community-practice-mental-health-consequences-bullying>

**Association of Being Bullied in School with Suicide Ideation and Planning Among Rural Middle School Adolescents | Journal of School Health (2014)**  
Bhatta, M. P., Shakya, S., & Jefferis, E. 84(11): 731–738.  
<http://dx.doi.org/10.1111/josh.12205>

**Bullying and Suicidal Behaviors among Urban High School Youth | Journal of Adolescent Health (2012)**  
Hepburn, L., Azrael, D., Molnar, B., & Miller, M. 51(1): 93–95.  
<http://dx.doi.org/10.1016/j.jadohealth.2011.12.014>

**Supplement: The Relationship Between Youth Involvement in Bullying and Suicide | Journal of Adolescent Health (2013)**  
<http://www.jahonline.org/issue/S1054-139X%2813%29X0015-1>

**Suicidal Ideation and Suicide Attempts Among Youth Who Report Bully Victimization, Bully Perpetration and/or Low Social Connectedness | Journal of Adolescence (2016)**  
Arango, A., Opperman, K. J., Gipson, P. Y., & King, C. A. 51: 19–29.  
<http://dx.doi.org/10.1016/j.adolescence.2016.05.003>

**Bullying and Suicide: What's the Connection? | StopBullying.Gov (2013)**  
<http://www.stopbullying.gov/blog/2013/12/30/bullying-and-suicide-whats-the-connection>

**Bullying and Suicide: The Dangerous Mistake We Make | Huffington Post (2012)**  
[http://www.huffingtonpost.com/2012/02/08/bullying-suicide-teens-depression\\_n\\_1247875.html](http://www.huffingtonpost.com/2012/02/08/bullying-suicide-teens-depression_n_1247875.html)

## **Family and Youth Suicide**

**Emergency Department Means Restriction Education**  
<http://legacy.nreppadmin.net/ViewIntervention.aspx?id=15>

**[Webinar] Youth Suicide Prevention Community of Practice: The Relationship between Child Maltreatment and Suicide & a Comprehensive Approach to Suicide Prevention | Children's Safety Network (2012)**  
<https://www.childrenssafetynetwork.org/webinar/youth-suicide-prevention-community-practice-relationship-between-child-maltreatment-suicide>



**Adverse Childhood Experiences and Suicide Attempts: The Mediating Influence of Personality Development and Problem Behaviors | Journal of Youth and Adolescence (2016)**

Perez, N. M., Jennings, W. G., Piquero, A. R., & Baglivio, M. T. 45(8): 1527–1545.

<http://dx.doi.org/10.1007/s10964-016-0519-x>

**Clarifying the Relationship of Parental Bonding to Suicide Ideation and Attempts | Suicide and Life-Threatening Behavior (2015)**

Saffer, B. Y., Glenn, C. R., & Klonsky, E. D. 45(4): 518–528.

<http://dx.doi.org/10.1111/sltb.12146>

**Family Environment as a Moderator of the Association Between Anxiety and Suicidal Ideation | Journal of Anxiety Disorders (2016)**

Machell, K. A., Rallis, B. A., & Esposito-Smythers, C. 40: 1–7.

<http://dx.doi.org/10.1016/j.janxdis.2016.03.002>

**Parents and Friendships: A Longitudinal Examination of Interpersonal Mediators of the Relationship between Child Maltreatment and Suicidal Ideation | Psychiatry Research (2014)**

Miller, A. B., Adams, L. M., Esposito-Smythers, C., Thompson, R., & Proctor, L. J. 220(3): 998–1006.

<http://dx.doi.org/10.1016/j.psychres.2014.10.009>

**Perceived Family and Peer Invalidation as Predictors of Adolescent Suicidal Behaviors and Self-Mutilation | Journal of Child and Adolescent Psychopharmacology (2015)**

Yen, S., Kuehn, K., Tezanos, K., Weinstock, L. M., Solomon, J., & Spirito, A. 25(2): 124–130.

<http://dx.doi.org/10.1089/cap.2013.0132>

***Electronic, Social, and Mass Media and Youth Suicide***

**Recommendations for Reporting on Suicide**

<http://www.reportingonsuicide.org>

**Responding to a Cry for Help: Best Practices for Online Technologies | Preventtheattempt.com**

<http://www.preventtheattempt.com>

**From Reporting to Supporting: Using Facebook to Support Someone in Suicidal Crisis | SAVE (2016)**

<https://vimeo.com/160565004>

**Adolescent Suicide Statements on MySpace | Cyberpsychology, Behavior, and Social Networking (2013)**

Cash, S. J., Thelwall, M., Peck, S. N., Ferrell, J. Z., & Bridge, J. A. 16(3): 166–174.

<http://dx.doi.org/10.1089/cyber.2012.0098>

**Exposure to Websites That Encourage Self-Harm and Suicide: Prevalence Rates and Association with Actual Thoughts of Self-Harm and Thoughts of Suicide in the U.S. | Journal of Adolescence (2014)**

Mitchell, K. J., Wells, M., Priebe, G., & Ybarra, M. L. 37(8): 1335–1344.

<http://dx.doi.org/10.1016/j.adolescence.2014.09.011>



**'He Left Me a Message On Facebook': Comparing the Risk Profiles of Self-Harming Patients Who Leave Paper Suicide Notes with Those Who Leave Messages On New Media | BJPsych Open (2016)**

Barrett, J. R., Shetty, H., Broadbent, M., Cross, S., Hotopf, M., Stewart, R., & Lee, W. 2(3): 217–220.

<http://dx.doi.org/10.1192/bjpo.bp.116.002832>



**Online and Social Media Suicide Prevention Interventions for Young People: A Focus on Implementation and Moderation | Journal of the Canadian Academy of Child and Adolescent Psychiatry (2016)**

Rice, S., Robinson, J., Bendall, S., Hetrick, S., Cox, G., Bailey, E., Gleeson, J., & Alvarez-Jimenez, M. 25(2): 80–86.

<http://dx.doi.org/10.2196/jmir.3304>

**Smartphone-Based Conversational Agents and Responses to Questions About Mental Health, Interpersonal Violence, and Physical Health | JAMA Internal Medicine (2016)**

Miner, A. S., Milstein, A., Schueller, S., Hegde, R., Mangurian, C., & Linos, E. 176(5): 619–625.

<http://dx.doi.org/10.1001/jamainternmed.2016.0400>

***Mental Health and Youth Suicide***

**Crisis Now: Transforming Services Is Within Our Reach | Action Alliance (2016)**

<http://actionallianceforsuicideprevention.org/sites/actionallianceforsuicideprevention.org/files/CrisisNow.pdf>

**[Webinar] Youth Suicide Prevention Community of Practice: Peer-to-Peer Mental Health Promotion | Children's Safety Network (2012)**

<https://www.childrenssafetynetwork.org/webinar/youth-suicide-prevention-community-practice-peer-peer-mental-health-promotion>

**Adolescent and Parent Attitudes Toward Screening for Suicide Risk and Mental Health Problems in the Pediatric Emergency Department | Pediatric Emergency Care (2012)**

O'Mara, R. M., Hill, R. M., Cunningham, R. M., & King, C. A. 28(7): 626–632.

<http://dx.doi.org/10.1097/PEC.0b013e31825cfb10>

**Examining the Interplay Among Family, Culture, and Latina Teen Suicidal Behavior | Qualitative Health Research (2015)**

Gulbas, L. E., & Zayas, L. H. 25(5): 689–699.

<http://dx.doi.org/10.1177/1049732314553598>

**Factors Associated with Achieving Complete Mental Health among Individuals with Lifetime Suicidal Ideation | Suicide and Life-Threatening Behavior (2016)**

Baiden, P., & Fuller-Thomson, E. 46(4): 427–446.

<http://dx.doi.org/10.1111/sltb.12230>

**Gender Differences in Youth Suicide and Healthcare Service Use | Crisis (2016)**

Guerra, S. G., & Vasiliadis, H. 37(4): 290–198.

<http://dx.doi.org/10.1027/0227-5910/a000387>

**Pediatric Suicide-Related Presentations: A Systematic Review of Mental Health Care in the Emergency Department | Annals of Emergency Medicine (2010)**

Newton, A. S., Hamm, M. P., Bethell, J., Rhodes, A. E., Bryan, C. J., Tjosvold, L., Ali, S., Logue, E., & Manion, I. G. 56(6): 649–659.

<http://dx.doi.org/10.1016/j.annemergmed.2010.02.026>

**Suicide Risk in Youth with Intellectual Disabilities: The Challenges of Screening | Journal of Developmental and Behavioral Pediatrics (2012)**

Ludi, E., Ballard, E. D., Greenbaum, R., Pao, M., Bridge, J., Reynolds, W., & Horowitz, L. 33(5): 431–440.

<http://dx.doi.org/10.1097/DBP.0b013e3182599295>

***Schools and Youth Suicide***

**Kognito At-Risk for High School Educators**

<http://legacy.nreppadmin.net/ViewIntervention.aspx?id=317>

**LEADS: For Youth (Linking Education and Awareness of Depression and Suicide)**

<http://legacy.nreppadmin.net/ViewIntervention.aspx?id=269>

**Lifelines Curriculum**

<http://legacy.nreppadmin.net/ViewIntervention.aspx?id=37>

**Reconnecting Youth (RY): A Peer Group Approach to Building Life Skills**

<http://legacy.nreppadmin.net/ViewIntervention.aspx?id=96>

**SOS: Signs of Suicide**

<http://legacy.nreppadmin.net/ViewIntervention.aspx?id=53>

**After a Suicide: A Toolkit for Schools | SPRC and AFSP (2011)**

<http://www.sprc.org/library/AfteraSuicideToolkitforSchools.pdf>

**Preventing Suicide: A Toolkit for High Schools | SAMHSA (2012)**

<http://store.samhsa.gov/product/Preventing-Suicide-A-Toolkit-for-High-Schools/SMA12-4669>

**The Role of High School Mental Health Providers in Preventing Suicide | SPRC (2012)**

<http://www.sprc.org/resources-programs/role-high-school-mental-health-providers-preventing-suicide-sprc-customized>

**The Role of High School Teachers in Preventing Suicide | SPRC (2012)**

<http://www.sprc.org/resources-programs/role-high-school-teachers-preventing-suicide-sprc-customized-information-page>

**[Webinar] Exploring the Impact of Suicide Prevention Research in Schools | Injury Control Research Center for Suicide Prevention (ICRC-S) (2015)**

<http://suicideprevention-icrc-s.org/exploring-impact-suicide-prevention-research-schools-0>



## **Substance Use and Youth Suicide**

**In Brief: Substance Use and Suicide: A Nexus Requiring a Public Health Approach | SAMHSA (2016)**

<http://store.samhsa.gov/product/In-Brief-Substance-Use-and-Suicide-/SMA16-4935>

**Substance Abuse and Suicide Prevention Collaboration Continuum | SPRC**

<http://www.sprc.org/collaboration-continuum>

**Classification of Co-occurring Depression and Substance Abuse Symptoms Predicts Suicide Attempts in Adolescents | Suicide and Life-Threatening Behavior (2012)**

Effinger, J. M., & Stewart, D. G. 42(4): 353–358.

<http://dx.doi.org/10.1111/j.1943-278X.2012.00092.x>

**The Legacy of Minimum Legal Drinking Age Law Changes: Long-Term Effects on Suicide and Homicide Deaths Among Women | Alcoholism: Clinical and Experimental Research (2012)**

Grucza, R. A., Hipp, P. R., Norberg, K. E., Rundell, L., Evanoff, A., Cavazos-Rehg, P., & Bierut, L. J. 36(2): 377–384.

<http://dx.doi.org/10.1111/j.1530-0277.2011.01608.x>

## **Suicide and Self-Harm**

**The Interactive Effect of Major Depression and Nonsuicidal Self-Injury on Current Suicide Risk and Lifetime Suicide Attempts | Archives of Suicide Research (2016)**

Knorr, A. C., Tull, M. T., Anestis, M. D., Dixon-Gordon, K. L., Bennett, M. F., & Gratz, K. L. 20(4): 539–552.

<http://dx.doi.org/10.1080/13811118.2016.1158679>

**Non-Suicidal Self-Injury, Youth, and the Internet: What Mental Health Professionals Need to Know | Child and Adolescent Psychiatry and Mental Health (2012)**

Lewis, S. P., Heath, N. L., Michal, N. J., & Duggan, J. M. 6: 13.

<http://dx.doi.org/10.1186/1753-2000-6-13>

**The Role of Sleep Disturbance in Suicidal and Nonsuicidal Self-Injurious Behavior among Adolescents | Suicide and Life-Threatening Behavior (2016)**

McGlinchey, E. L., Courtney-Seidler, E. A., German, M., & Miller, A. L.

<http://dx.doi.org/10.1111/sltb.12268>

**Self-harm and Suicide in Adolescents | The Lancet (2012)**

Hawton, K., Saunders, K. E. A., & O'Connor, R. C. 379(9834): 2373–2382.

[http://dx.doi.org/10.1016/S0140-6736\(12\)60322-5](http://dx.doi.org/10.1016/S0140-6736(12)60322-5)

**Suicide After Nonfatal Self-Harm | Crisis (2014)**

Karasouli, E., Owens, D., Latchford, G., & Kelley, R. 36(1): 65–70.

<http://dx.doi.org/10.1027/0227-5910/a000285>



## **LGBTQ Youth and Youth Suicide**

**LGBTQ+ Suicide and Suicide Risk | AFSP**

<https://afsp.org/about-suicide/lgbtq-suicide-suicide-risk>

**Suicide Prevention among LGBT Youth: A Workshop for Professionals Who Serve Youth | SPRC**

<http://www.sprc.org/resources-programs/suicide-prevention-among-lgbt-youth-workshop-professionals-who-serve-youth-0>

**Preventing Suicidal Behavior among Lesbian, Gay, Bisexual and Transgender Youth: Developing LGBT Cultural Competence | SPRC (2010)**

<http://www.sprc.org/resources-programs/preventing-suicidal-behavior-among-lesbian-gay-bisexual-and-transgender-youth>

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