February 2009

REGION M BOARD MEMBERS

ANNE MARIE TIMPF President

Chippewa Valley Schools ATimpf@cvs.k12.mi.us 586.723.2768

SARAH SELATY Vice President

Roseville Community Schools sselaty@roseville.k12.mi.us 586.445.5785

MARY BROOKS Secretary

East Detroit Public Schools mbrooks@mail.eds.misd.net Woodland Elem. 586.445.4665 Forest Park Elem. 586 445.4640

ALAN KOSHKO

Treasurer

Warren Woods Public Schools akoshko@waw.misd.net 586.439.4626

STEVE WHITMORE Delegate & Blackboard Coordinator

Utica Community Schools Steven.whitmore@uticak12.org 586.797.4861

Members of the MASSW State Board of Directors

AnneMarie TimpfPublic Information

Mary Brooks
Corresponding Secretary

Corresponding Secreta

Carri Lutt and

Co-editors of *The Exchange*

Phylis Copioli

Job Opportunities

Linda Archibald

Steve Whitmore Webmaster Michigan Association of School Social Workers

MASSW NEWS

Region M-Macomb County

Hello and Welcome! Hopefully your mid-winter break was a restful one. We are entering the home stretch and (hopefully) before we know it, the sun will be shinning on a regular basis. Surely we could all use some. We have prepared some important news for you. Hope to see you on March 13th!

Upcoming MASSW Meetings/Workshops (held at the MISD)

March 13, 2009—*School Social Work Month*

Presenter: Steve Whitmore on "Being a School Social Worker in a Digital Age"

May 15, 2009—Rebecca Konarz on "Grief and Loss"

REGION M PROFESSIONAL DEVELOPMENT OPPORTUNITY

We will be celebrating **Social Work Month** with a catered lunch and a presentation **Friday, March 13, 2009**

MISD Building—Michigan/Superior **12 noon**

- Luncheon (\$10 for non-members)
- Presentation (\$10 for non-members)
- Announcements, and
- School Social Worker of the Year Award Ceremony



1:00 to 3:00 p.m.
Presentation

Speaker: Steve Whitmore, L.M.S.W.

Steve Whitmore will present on *Being a School Social Worker in a Digital Age*.* The 2 CE presentation will include a discussion about the difference between Digital Immigrants and Digital Natives, websites that could improve your practice, and a more extensive tour/demonstration of Blackboard.

Registration is necessary for the luncheon.

RSVP to Mary Brooks by March 6th
mbrooks@mail.eds.misd.net

Attendance will be supervised by MASSW Region M Officers. Registrants will sign in and out on the designated sign-in sheet. At the end of the presentation, registrants will hand the completed **Professional Development Evaluation** forms to the registrars who will provide a **Certificate of Attendance** for the workshop.

*Currently awaiting approval for 2 Continuing Education (CE's) Contact Hours.

News You Can Use...

ETHICS AND STRESS MANAGEMENT:

Advanced Training Associates will be presenting "Ethics and Stress Management" February 19, 2009 at the MISD. For more information, check out: http://www.misd.net/ssw/EthicsWkshp2.19.09.pdf.

MASSW STATE CONFERENCE:

Mark your calendars! The MASSW state conference will take place October 8-11, 2009, in Dearborn (Hyatt Regency). Region M is in charge of the hospitality suite and donations/sponsors. If you can help out with treats, time or soliciting a donation, please contact Mary at mbrooks@mail.eds.misd.net

BLACKBOARD WEBSITE:

The Blackboard website is <u>www.most.misd.net</u>. Click on *Version 8*. If you do not have a password, you can use **masswguest** as your username and **guest** as your password.

ELITE HOME STUDY CATALOG COURSES FOR CONTINUING EDUCATION:

Pam Manela, CE Collaborative Rep for MASSW, has been receiving inquiries about the legitimacy of the *ELITE Home Study Catalog Courses* for Social Work Continuing Education Hours. ELITE courses **ARE APPROVED** by the MI Social Work Continuing Education Collaborative. NOTE: Licensed Social Workers in Michigan may take up to **TEN (10)** CE Hours of home-study, tele & videoconference or online. *ELITE HOME STUDY IS an APPROVED PROVIDER through JULY 1, 2009*.

If you need additional information, please contact: P. Manela, CE Collaborative Rep for MASSW (pkmanela@earthlink.net).

TRACKING YOUR CE HOURS AND MAINTAINING YOUR RECORDS FOR AUDIT:

All Michigan licensed social workers are responsible for tracking their continuing education hours and for maintaining the documentation records of those hours. Although CE approved providers are tracking attendance, you are responsible for maintaining your own continuing education hours! You must keep your proof of participation (certificates) of the required 45 continuing education clock hours for at least four years after your renewal cycle has ended, which would result in saving documentation for a total of seven years if you begin taking credits during the first year of your renewal cycle. According to the Michigan Department of Community Health, Licensing Division (MDCH), social workers will renew their license as they always have in the past. Once the renewal process is complete, the MDCH database will randomly select 10% of those who renewed their license for an audit. The first group to renew under the new licensure law requiring continuing education has a license expiration date of April 30, 2009. If your name is selected for the audit, you will be notified and asked to send proof of your compliance with the required 45 continuing education hours to MDCH. (Please note: you do not want to send MDCH your attendance documents unless you are required to comply with an audit request.) Once MDCH receives your documentation as proof of your compliance with the continuing education requirements, they will verify that the CE hours you earned are CE hours that were provided by "approved" course sponsors. For more information, check out the MASSW state website: http://www.masswmi.org

PBS DOCUMENT HOT OFF THE PRESS!!! (The attachment found at www.misd.net/ssw)

Check out the newly released copy of the 2008 School-wide Positive Behavior Support, Implementation Guide. Sharon Fink from the Michigan Department of Education recently sent a copy to those on the list serve stating, "Feel free to copy and distribute this to interested persons. This document will assist school districts in implementing the State Board of Education's Policy on School-wide Positive Behavior Support." The 2006 Michigan State Board of Education Policy states that "it is the policy of the State Board of Education that each school district in Michigan implement a system of school-wide positive behavior support strategies."

Look Who's in the Spotlight

Each newsletter, the *Spotlight* will shine on a newsworthy project, program, or endeavor made by one of our own Region M School Social Workers. If you are working on something worthy of the *Spotlight*, or know an SSW who is, please make your submissions to Sarah Selaty at **sselaty@roseville.k12.mi.us**. Will your contribution be the next to take center stage?



This issue's Spotlight contribution has been made by:

Linda Archibald

Roseville Community Schools

School Social Worker Linda Archibald and Macomb County Public Health Nurse Carol Shortt are co-hosting a 6th annual Teen Parent Conference. The conference is titled *Motivation for Mothers (and Fathers too!)*. The two-day event will provide young mothers and fathers with education on pre-natal, post-partum and parenting skills. Overall, the goal is to assist new parents with a healthy baby outcome and continued independence for the parents. Parents will be connecting with the appropriate community resources on the spot. Prizes from the community are given to the parents. Incentives will be given to encourage active participation in this very informative and hands-on learning event. Educational certificates are also awarded to participants. To register, or if you have questions, you can contact Linda Archibald at LArchibald@roseville.k12.mi.us or 586-445-5800.

MUST HAVE WEBSITES!!!

If you don't already have these websites saved in your "Favorites" now's the time to put them there!

www.most.misd.net
www.jimwrightonline.com
www.interventioncentral.org
www.behavioradvisor.com
www.pbis.org
www.misd.net/ssw

www.masswmi.org





UPDATE YOUR MEMBERSHIP!

Visit the MASSW website for a membership form and update your membership today!







Michigan Association of School Social Workers

Region M School Social Worker of the Year Nomination Form NOMINATIONS ARE DUE BY FEB. 23rd

Guidelines:

- •Nominee must be a practicing school social worker with at least 5 years of experience.
- •Nominee has made a significant contribution to the practice of school social work.

21051 Twenty-One Mile Road

Macomb, MI 48044 Atimpf@cvs.k12.mi.us

Nominee is a member of the MASSW

Name of Nomir	nee:
School District:	
Nominated By:	
Brief statement	as to why you are nominating this person:
Return to:	Anne Marie Timpf at Dakota High School



PLEASE REVIEW THESE ATTACHMENTS at

WWW.MISD.NET/SSW

- * Student Assistance Network Meetings and Student Assistance Programs and Trainings calendar for the year.
- Advanced Training Associates (ATA) Seminars held throughout Michigan in 2009.
- * Focus on Results, August 2006. Please scroll down to page 6 and read the section, "The Role of Special Education Consultants and Evaluation Personnel Changes With Rtl." If you are not aware, you need to be. The model for Rtl in Michigan is MiBLSi. If you don't know what that means, it is strongly recommended that you find out and start by reading this issue.
- * For your convenience, an **MASSW membership** form is on the site. Please renew your membership, or if you've been putting it off, it's now easier than ever to sign up and join your professional group. Join today!
- Please seriously consider making a donation to support our political action committee, PAC. If we want to be heard in Lansing, we must show this group our support by making a donation of any amount. A PAC form is on the site for your convenience. . .any amount helps! Thank You!!!!



Ethics & Stress Management Hosted by Region M MASSW

Ethics & Stress Management

Meet your Instructor:

Brought to you by Advanced Training Associates.

Thursday, February 19, 2009 Registration begins at 8:00 a.m.

Location:

Macomb Intermediate School District Educational Service Center 44001 Garfield Road Clinton Twp., MI 48038 http://www.misd.net/maps/ESC.htm

Part One:

Participants will gain an appreciation of the history of the social work profession, and an understanding of how core values were translated into the professional code of ethics. The first 5 hours of this seminar will be dedicated to professional values & ethics based on the NASW Code of Ethics. This seminar will also provide a brief overview of the social work licensing law and continuing education requirements for licensure.

Part Two:

Participants will be introduced to a host of stress reducing techniques, quick ways to reduce stress, and tips for managing job stress in the final hour of this seminar.

The Michigan Board of Social Work Administrative Rules state "Continuing education contact hours in pain and pain symptom management may include, but are not limited to, courses in behavior management, psychology of pain, behavior modification, and stress management".

Doug McComas, MS, MSW, LMSW, LLP

Doug McComas, MS, MSW, LMSW earned a Master's Degree in Clinical Psychology in 1985 and a MSW with a concentration in Children and Family treatment in 2001, both from Eastern Michigan University.

Mr. McComas has worked in the human services field in a variety of settings and capacities. He has been a community mental health clinician, providing counseling, psychological testing and crisis intervention services; a community organizer and program developer; Director of an Area Agency on Aging, Director of Health Promotion Services for a district health department and most recently a mental health clinician in private practice in Jackson, Michigan.

Mr. McComas has taught stress management and parent education, and is a Healthy Families of America Certified Supervisor. He has provided presentations on a variety of topics at the local, state and national level.

Mr. McComas brings this wide range of practical experience to his presentations to provide real world examples and a touch of humor to his work.

Who Should Attend

LBSW Social Workers
 LMSW Social Workers
 Certified Addiction Professionals
 Private Practice Therapists

Learning Objectives:

- 1. Participants will give one example of an ethical decision making processes.
- 2. Participants will apply an ethical decision making process to a social work practice case example.
- Participants will identify two ethical dilemmas.
- 4. Participants will identify three tips for managing job stress.

ADA Policy

Advanced Training Associates (ATA) will make accommodations in accordance with the law. Please contact ATA no later than two weeks in advance with your ADA requests. Send email to support@ata4ceu.com or snail mail to ATA, P.O. Box 6549, Jackson, MI 49204.

Grievance Policy:

Advanced Training Associates is committed to high-quality educational seminars. If you are not satisfied with the content of this seminar, please let us know in writing within seven days. Send email to support@ata4ceu.com or snail mail to ATA, P.O. Box 6549, Jackson, MI 49204.

Attendance Policy:

Participants must attend the entire seminar and sign in and out to verify attendance. The continuing education certificate of completion will be issued after attendance is verified and the participant turns in their pre & post test and the course evaluation.

Continuing Education:

Advanced Training Associates, provider #1131 is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Advanced Training Associates maintains responsibility for the program. This course is also approved by MCBAP for 6"specific" contact hours of continuing education for Addiction Professionals. Participants in this course will receive 6 continuing education clock hours total. Five clock hours will be issued in ethics, and one clock hour will be issued in stress management.

Cancellation & Refund Policy:

Please contact Advanced Training Associates 5 days before the date of the seminar to receive a tuition refund less the \$25.00 cancellation fee, or a certificate of credit to attend a future seminar of equal value. Substitutions are permitted until the seminar begins.

Course Agenda:

	8:00 a.m Registration & Coffee 8:30 a.m. Course Begins Welcome, Introductions & Learning Objectives. What is Ethics? Examination of the Theoretical Frameworks "The Common Good Approach" "The Rights Approach" "The Rights Approach" "The Fairness & Justice Approach" "The Virtue Approach" "The Virtue Approach" "History of the Core Values of Social Work 11:30 to 12:00 A box lunch is included in seminar price. Core values translated into ethical standards National Standards-NASW Code of Ethics The Ethical Decision Making Process Common and Not so Common Ethical Dilemmas Barriers & Thinking Traps in Making Ethical Decisions Hands on Problem Solving of Common Ethical Dilemmas Part Two: Stress Management for Professional Helpers On the job stress management 3:30 p.m. Course Adjourns		-5
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Register Today!

On the web at www.ata4ceu.com or Fax: 517-563-2797

Mail this form with payment to:
Advanced Training Associates
P.O. Box 6549
Jackson MI, 49204

	CH HERE
Please Print Name (as it will appear on certificate)	Registration Fee: Feb. 19, 2009 in Clinton Twp., MI
Your lic. Perm. ID # Facility/Company Name	<u>Early Registration</u> : \$105.00 (10 days prior to event) <u>Late Registration</u> : \$115.00 (less than 10 days prior) Includes box lunch & refreshments.
Address as it appears on your License: Address	Region "M" MASSW Members pay \$75.00
City State Zip Code	Credit card payment will be accepted online at www.ata4CEU.com or Make check payable to ATA or Advanced Training Associates
Phone ()	
E-Mail Address	Amount Enclosed \$
Confirmations will be sent by email only.	Contact Advanced Training Associates by telephone for a group discount rate at 1-888-887-4238.





Bringing Continuing Education to You!

Reduce Your Cost:

The mission of Advanced Training Associates (ATA) is to bring continuing education to you. We are currently looking for host agencies to help reduce costs for everyone. If your agency can provide a conference room, your staff will enjoy the cost savings and convenience of obtaining their required continuing education at your location.

> www.ata4ceu.com 1-888-887-4238 info@ata4ceu.com

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Our upcoming sen	ninars:		Location or Host:
Feb. 6, 2009	Waterford	Autism Spectrum Disorders	Oakland Children's Village
Feb. 12 & 13, 2009	Jackson	DBT Skills Training	LifeWays
Feb. 19, 2009	Clinton Twp.	Ethics & Stress Management	Region M MASSW
Feb. 27, 2009	Ann Arbor	Ethics & Stress Management	Rudolph Steiner School
Mar. 6, 2009	Lansing	The Effects of Childhood Trauma	Highfields, Inc.
Mar. 11, 2009	Frankenmuth	Ethics & Stress Management	The Bavarian Inn
Mar. 20, 2009	Waterford	ADHD Solutions!	Oakland Children's Village
Mar. 27, 2009	Centreville	The Difficult Adolescent	Region 9 NASW-MI
April 9, 2009	Grand Rapids	The Magic of Perception	Kent Co. Juvenile Detention Center
April 15, 2009	Kalamazoo	Ethics, Boundaries & Pain Management	The Air Zoo
April 17, 2009	Waterford	Ethics & Stress Management	Oakland Children's Village
April 24, 2009	Traverse City	Ethics & Stress Management	Grand Traverse Civic Center
May 15, 2009	Marlette	Capitol "I" Caring	Thumb Area Michigan Works!
June 5, 2009	Marlette	The Effects of Childhood Trauma	Thumb Area Michigan Works!
Sept. 10, 2009	Kalamazoo	The Difficult Adolescent	The Air Zoo

Advanced Training Associates is fully accredited to provide continuing education for social workers through ASWB-ACE, provider #1131. All of our courses have been approved by the Michigan Social Work Continuing Education Collaborative. Our seminars are approved for continuing education contact hours by the Michigan Certification Board for Addiction Professionals. Advanced Training Associates is an approved provider of continuing nursing education by the Michigan Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



Michigan Social Work Continuing Education Collaborative



Michigan Nurses Association

Copies For Distribution Only





CRITICAL ISSUES OF YOUTH

New Trends—Non-Suicidal Self-Injury in Youth

FRIDAY

MARCH 27, 2009-8:30AM-12:15PM

Sign-In and Continental Breakfast at 8:00am

Fee: \$20

Presented by Leslie Ayers Johnsen, MA, LLP

This Workshop will provide attendees with:

- Information on recent trends in youth self-abuse
- · Knowledge about various types, triggers, and causes of self-injury
- · Perspectives on the overlap of self-injury and substance use

Non-suicidal self-injury is a common, often invisible phenomenon among youth who seek to relieve emotional pain by self-harm. Self-injurious behaviors are found in the range of the youth population.

Come and learn new trends in self-injurious behavior, what to look for in identifying self-injury, and what to do to assist youth who self-harm.

About the Speaker, Leslie Ayers Johnsen:

- Recognized specialist on self-injury
- Creator of intervention programs to aid self-injurers in recovery
- Authoring a book on the subject

Location:

Macomb Intermediate School District—ESC
44001 Garfield
Clinton Township, MI 48038
Room 100 A, B & C
(Located on the west side of Garfield,
South of Hall Road (M-59))

CEUs:

Attendees Qualify for: .3 State Board CEUs (\$10) 3.5 CEs for Social Workers (\$10) 3.5 contact hours CAC/CPC/CPS 3.5 CEUs for Nurses

Questions? Call 586-723-2049

Sponsored by:

Interfaith/Chippewa Valley Schools Partnership Chippewa Valley Coalition for Youth and Families Macomb Intermediate School District

Register by Friday, March 20, 2009 on-line at www.misd.net:

- ⇒ Click "Course Offerings"
- ⇒ Select "On-Line Registration"
- ⇒ Select "View by Interest"
- ⇒ Select "Student Assistance" from the drop-down menu, click "Go"
- ⇒ Select "Critical Issues: New Trends— Non-Suicidal Self-Injury in Youth"
- ⇒ Click the date-March 27, 2009
- ⇒ You will now be guided through the registration process

Target Audience: School Staff, Community Agency Staff, Social Workers, Psychologists, Psychiatrists, Counselors, and members of the Faith Community

In Collaboration with:

Henry Ford Macomb School Health Network Macomb County Prevention Coalition Macomb County Office of Substance Abuse

Register soon, seats are limited.

Remember to save a copy of your completed registration form for your records.



2008-2009 District Representatives

District	Name	Contact info	
Academy	Susan Tepman	suzatep@aol.com	
Anchor Bay	Jenny Barc	jbarc@abs.misd.net	
Armada	Andrea Barbarich	abarbarich@armadaschools.org	
Center Line	John Daley	DaleyJ@clps.org	
Chippewa Valley	Phyllis Copioli	PCopioli@cvs.k12.mi.us	
Clintondale	Charlotte Castle	Castlec@clintondaleschools.net	
East Detroit	Joe Thilman	jthilman@mail.eds.misd.net	
Fitzgerald	Laurie Vesey	lauves@fps.fitz.k12.mi.us	
Fraser	Sue Waid	Susan.waid@fraserk12.org	
Lake Shore	Melissa Gueits	Mgueits@lsps.org	
Lakeview	JoAnne Denison	jdenison@SCSlakeview-k12.com	
L'Anse Creuse	Megan Williams	willime@lc-ps.org	
Harper Woods	Jessica Zann	jessica.zann@hwoods.k12.mi.us	
MISD	Christine Kerney	ckerney@misd.net	
Mt. Clemens	Mark Brewster	BrewsterM@mtcps.org	
New Haven	Diana Wheatly	DianaWhea@aol.com	
Richmond			
Romeo	Rebecca Aho	Rebecca.Aho@romeo.k12.mi.us	
Roseville	Liz Andrzejewski	EAndrzejewski@roseville.k12.mi.us	
South Lake	Jan Dundas	jdundas@solake.org	
Utica	Steve Whitmore	Steven.Whitmore@UticaK12.org	
Van Dyke	Glylnis Dale	Dale.Glynis@VDPS.net	
Warren Consolidated	Diane Bald	Dbald@wcskids.net	
Warren Woods	Alan Koshko	akoshko@waw.misd.net	

ATTENTION DISTRICT REPS!

Please check the accuracy of the district rep. names, district and email addresses. We would like to make sure we have accurate info...thanks!

If corrections need to be made, please notify sselaty@roseville.k12.mi.us or

ATimpf@cvs.k12.mi.us